

# Emerging Neurological Toxicities in HIV disease

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27 May 2016

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**Disclaimer:**

Gilead Sciences Europe Ltd has provided the funding for this session  
The presentation express the views and opinion of the presenter which are based on information  
and data available at the time



# Overview

- 1 Historical CNS toxicities
- 2 Changing demographics of PLWH
- 3 Changes to treatment
- 4 Emerging toxicities
- 5 Management and the future

# The history

## Treatment Emergent Neuropsychiatric AEs of Moderate or Severe Intensity Reported in Study DMP 266-006\*

*AEs for the third treatment arm (EFV+LPV) are not presented	EFV+AZT+3TC (n=412)	IDV+AZT+3TC (n=401)
<b>Central Nervous System</b>		
Dizziness	9%	2%
Headache	8%	3%
Insomnia	7%	2%
Concentration impaired	5%	<1%
Abnormal dreams	3%	0%
Somnolence	2%	<1%
Anorexia	1%	<1%
<b>Psychiatric</b>		
Anxiety	2%	<1%
Depression	5%	<1%
Nervousness	2%	0%

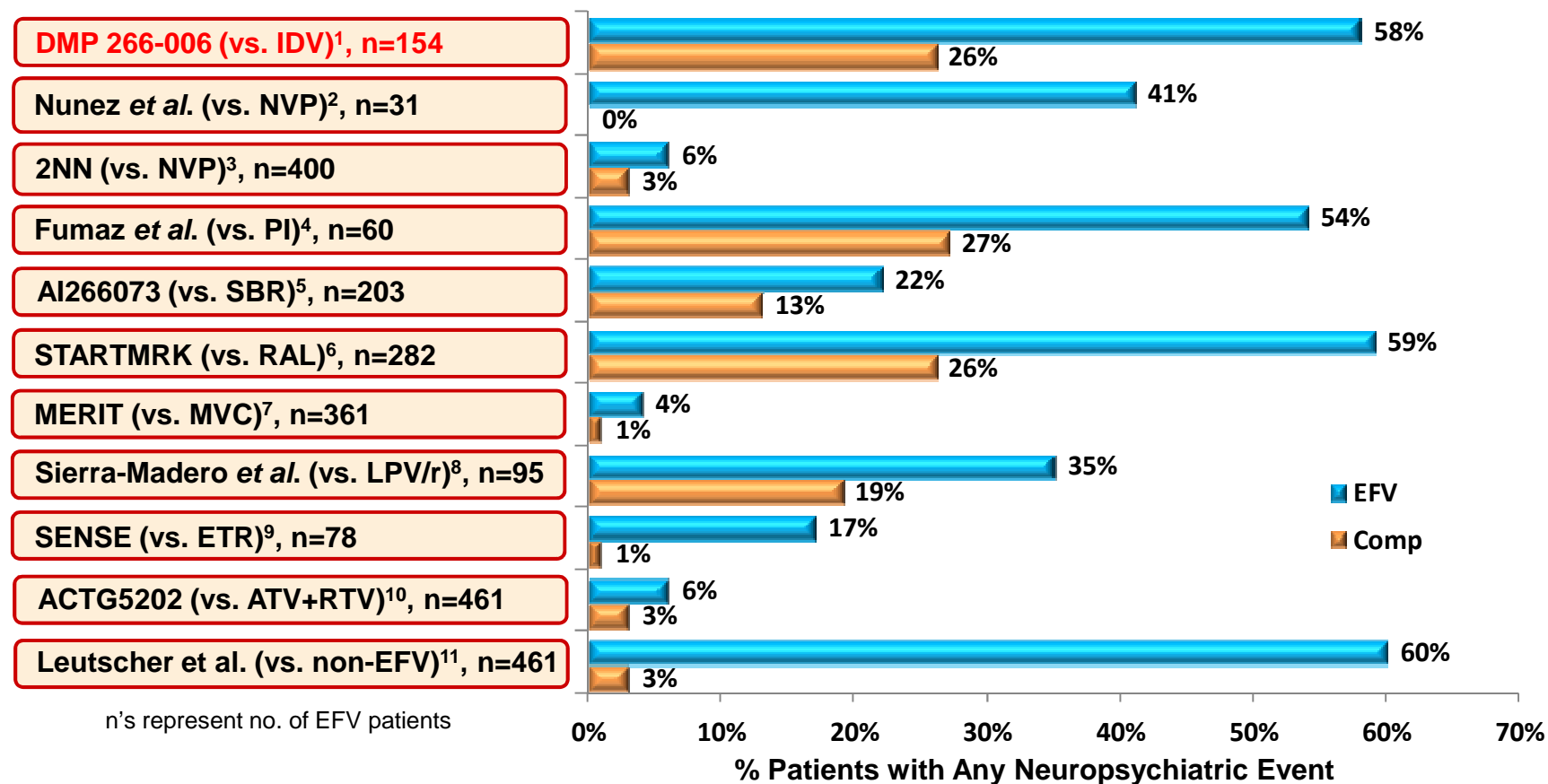
**The most significant and frequently observed adverse reactions with EFV are neuropsychiatric symptoms**

EFV, efavirenz; AZT, zidovudine; 3TC, lamivudine; IDV, indinavir

Sustiva PI, Bristol-Myers Squibb Pharma EEIG, March 2016

001/IHQ/16-05//1320 May 2016

# The history



IDV, indinavir; NVP, Nevirapine, PI, protease inhibitor; SBR, stable baseline regimen; RAL, raltegravir; MVC, maraviroc; LPV, lopinavir; ATV, atazanavir; ETR, etravirine; RTV, ritonavir; EFV, efavirenz; Comp, comparator

1. Staszewski S, et al. NEJM 1999;341:1865–1873; 2. Nunez M, et al. HIV Clin Trials 2002;3:186–194; 3. Van Leth, F et al. Lancet 2004;363:1253–1263; 4. Fumaz C, et al. JAIDS 2005;38:560–565; 5. DeJesus E, et al. JAIDS 2009;51:163–174; 6. Lennox J, et al. Lancet 2009;374:796–806; 7. Cooper D, et al. JID 2010;201:803–813; 8. Sierra-Madero, et al. JAIDS 2010;53:582–588; 9. Gazzard B, et al. AIDS 2011;25:2249–2258; 10. Daar E, et al. Ann Intern Med 2011;154:445–456; 11. Leutscher PDC, et al. Scan J Inf Dis 2013; Early Online.



# Efavirenz and cognitive function

- 146 patients, 129 (88.4%) were on cART
- 69 (47%) were classified as cognitively impaired
  - 35.6% asymptomatic
  - 11.6% mild neurocognitive impairment

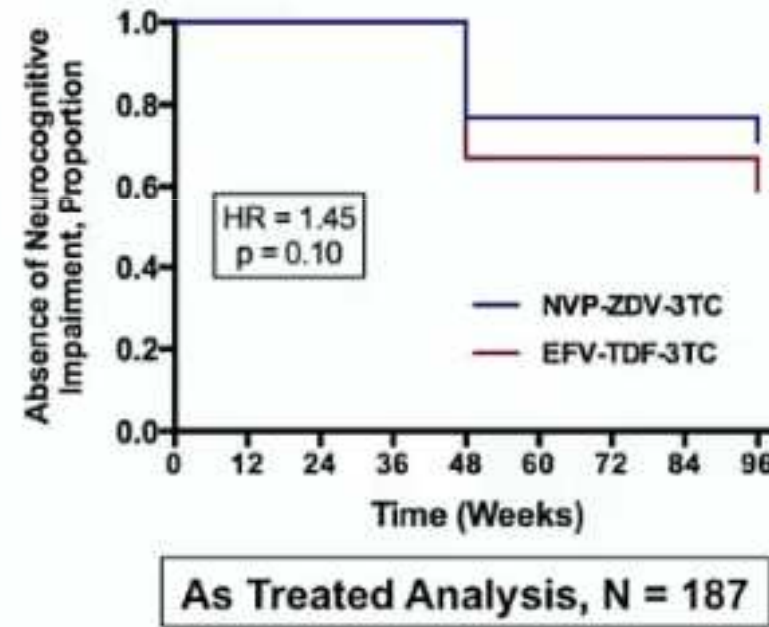
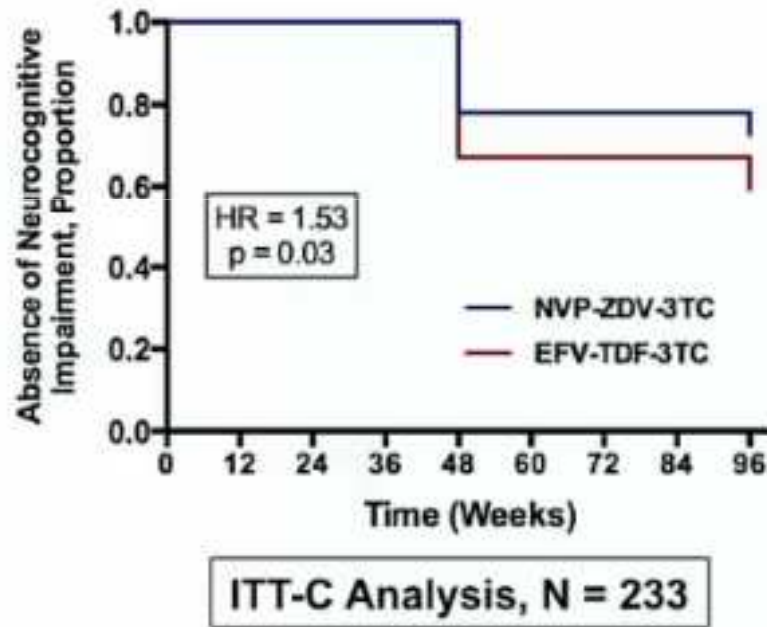
Variable	Univariate analysis			Multivariate analysis		
	$\beta$	OR (95% CI)	p	$\beta$	OR (95% CI)	p
Sex (male vs female)	-0.25	0.78 (0.41-1.51)	0.466			
Age (per 10 years more)	-0.26	0.77 (0.58-1.03)	0.078	-0.19	0.83 (0.60-1.16)	0.296
Education (per 1 year more)	-0.12	0.89 (0.81-0.97)	0.012 <sup>a</sup>	-0.16	0.85 (0.77-0.94)	0.002 <sup>a</sup>
Non-Italian born (vs Italian born)	1.10	3.01 (1.09-8.35)	0.034 <sup>a</sup>	1.24	3.46 (1.09-10.99)	0.035 <sup>a</sup>
Injecting drug users	0.13	1.14 (0.46-2.82)	0.780			
HCV coinfection	-0.30	0.74 (0.33-1.69)	0.479			
Time from HIV diagnosis (per 1 year more)	-0.02	0.98 (0.93-1.03)	0.355			
Past AIDS-defining events	0.29	1.34 (0.64-2.81)	0.441			
CD4 cell count nadir (per 100 cells more)	-0.13	0.88 (0.69-1.12)	0.294			
Time from first cART regimen (per 1 year more)	0.02	1.02 (0.94-1.11)	0.639			
Patients on cART at test	0.56	1.75 (0.61-5.02)	0.298			
Time on current cART >12 months	0.07	1.08 (0.51-2.25)	0.848			
<b>Efavirenz use</b>	<b>1.26</b>	<b>3.53 (1.37-9.08)</b>	<b>0.009<sup>a</sup></b>	<b>1.39</b>	<b>4.00 (1.43-11.20)</b>	<b>0.008<sup>a</sup></b>
CPE rank $\geq 7$	0.45	1.43 (0.68-3.00)	0.346			
HIV RNA (per 1 log more)	-0.19	0.83 (0.58-1.19)	0.312			
HIV RNA <50 copies/mL	0.64	1.90 (0.86-4.21)	0.114			
CDA cell count (per 100 cells more)	-0.05	0.96 (0.86-1.07)	0.420			

cART, combination antiretroviral therapy; CI, confidence interval; CPE, CNS penetration effectiveness; HCV, hepatitis C virus; OR, odds ratio.

<sup>a</sup>Significant.

# Efavirenz and cognitive function

- EFV-TDF-3TC was associated with shorter time-to-impairment



EFV, efavirenz; TDF, tenofovir disoproxil fumarate; 3TC, lamivudine



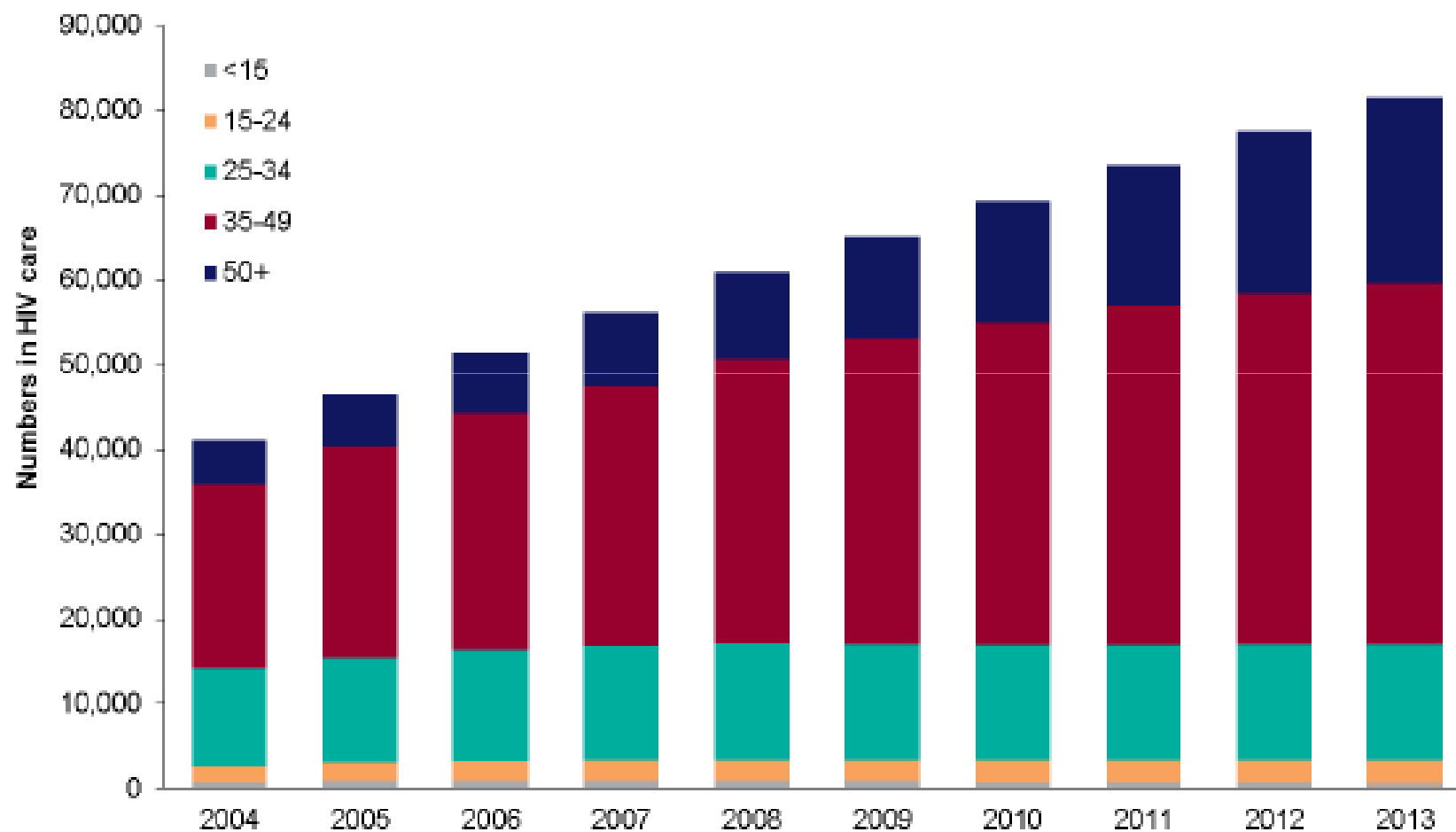
# Suicide and ART - DAD

	Number/person-years	Rate per 1000 person-years (95% CI)	Adjusted RR (95% CI)	p
<b>Suicide or psychiatric disease as underlying cause of death</b>				
Total	193/371,333	0.52 (0.45–0.59)		
EFV-containing	24/78,580	0.31 (0.81–0.43)	0.59 (0.33–1.06)	<0.0001
Other NNRTI-containing	31/64,288	0.48 (0.31–0.65)	0.93 (0.53–1.62)	
Other ART	66/157,664	0.42 (0.32–0.52)	0.81 (0.49–1.32)	
No ART-naïve	21/40,454	0.52 (0.30–0.74)	1.00	
No ART-experienced	51/30,348	1.68 (1.22–2.14)	3.24 (1.95–5.38)	

# Overview

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# Age of our cohorts



# What we hear about ageing and HIV

**Non infectious comorbidities** are more prevalent and occur at younger ages in HIV-infected cohorts

**The presence of non infectious comorbidities** is due to 'inflammageing'

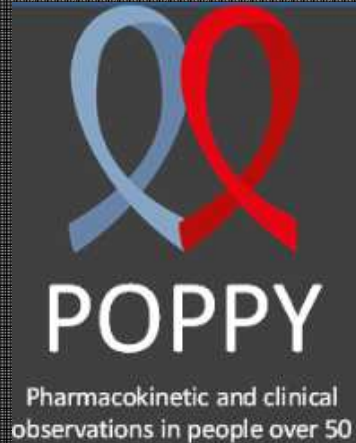
**Antiretroviral toxicities** differ in older PLWH versus younger subjects

**HIV causes premature ageing**

**Ageing changes the spectrum of HIV disease**

**HIV causes accelerated ageing**

# European HIV and ageing cohorts:



## Status<sup>1</sup>:

- Fully recruited and now in follow up phase
- 1400 subjects
  - 700 HIV +ve over 50
  - 350 HIV –ve over 50
  - 350 HIV +ve under 50



## Status<sup>2</sup>:

- Fully recruited and follow up phase well established
- 1200 subjects
  - 600 +ve over 45
  - 550 controls over 45

# Lifestyle factors



		PLWH>50	PLWH<50	HIV-ve >50
<b>Smoking status</b>	Current (%)	23.9	26.5	21.4
	Ex-smoker (%)	36.9	27.2	37.8
	Never (%)	38.6	42.7	39.8
<b>Alcohol</b>	Current consumption (%)	77.8	73.5	84.7
	Previous consumption only (%)	13.1	11.0	7.1
	Units per week (if current or previous; median (range))	7 (0, 75)	3 (0, 45)	10 (0, 63)
<b>Recreational drugs in past 6 months</b>	Any (%)	27.5	26.5	13.3
	Marijuana (%) *	14.7	12.5	1.0
	Methadone (%) *	2.6	10.3	1.0
	Mephedrone (%) *	9.2	13.2	5.1
	Amphetamine (%) *	5.2	7.4	0
	Crystal Meth (%) *	3.3	8.1	5.1

\* Recreational drugs with >5% use in a study group



# Healthcare utilisation



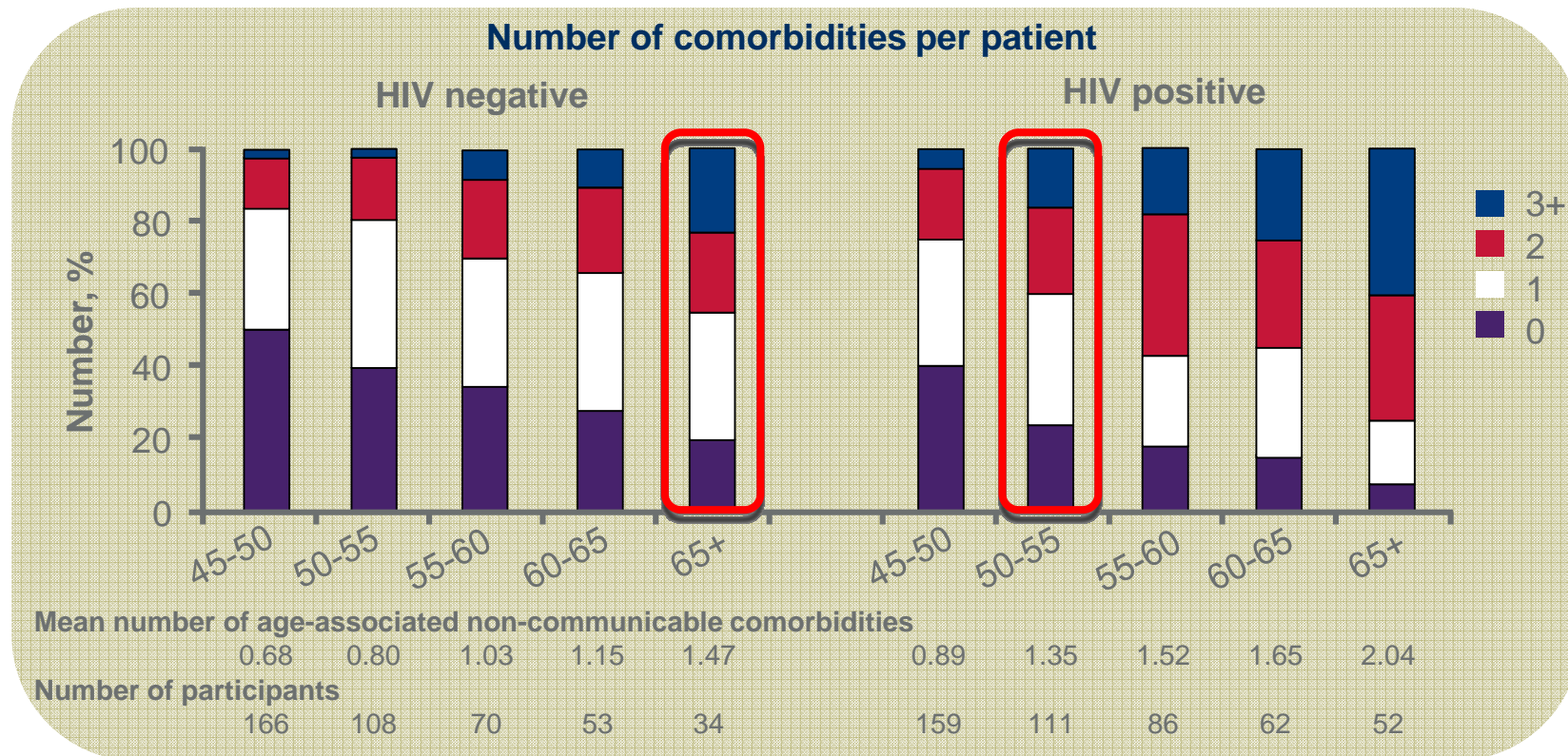
Over the past 12 months:

	PLWH>50	PLWH<50	HIV-ve >50	P-value
Attended GP	74% (227)	70% (94)	78% (78)	0.32
Attended A&E	18% (56)	19% (26)	14% (14)	0.59
Hospital specialist	44% (135)	36% (49)	33% (32)	0.07
Psychiatrist	28% (85)	13% (18)	12% (12)	0.03
Undergone a hospital procedure	28% (85)	13% (18)	12% (12)	0.0001

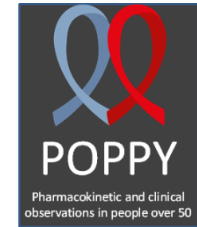
# AGEhiV outputs



- Significantly more hypertension, angina, MI, liver disease, renal failure and cancer in HIV-infected subjects



# Immunological markers

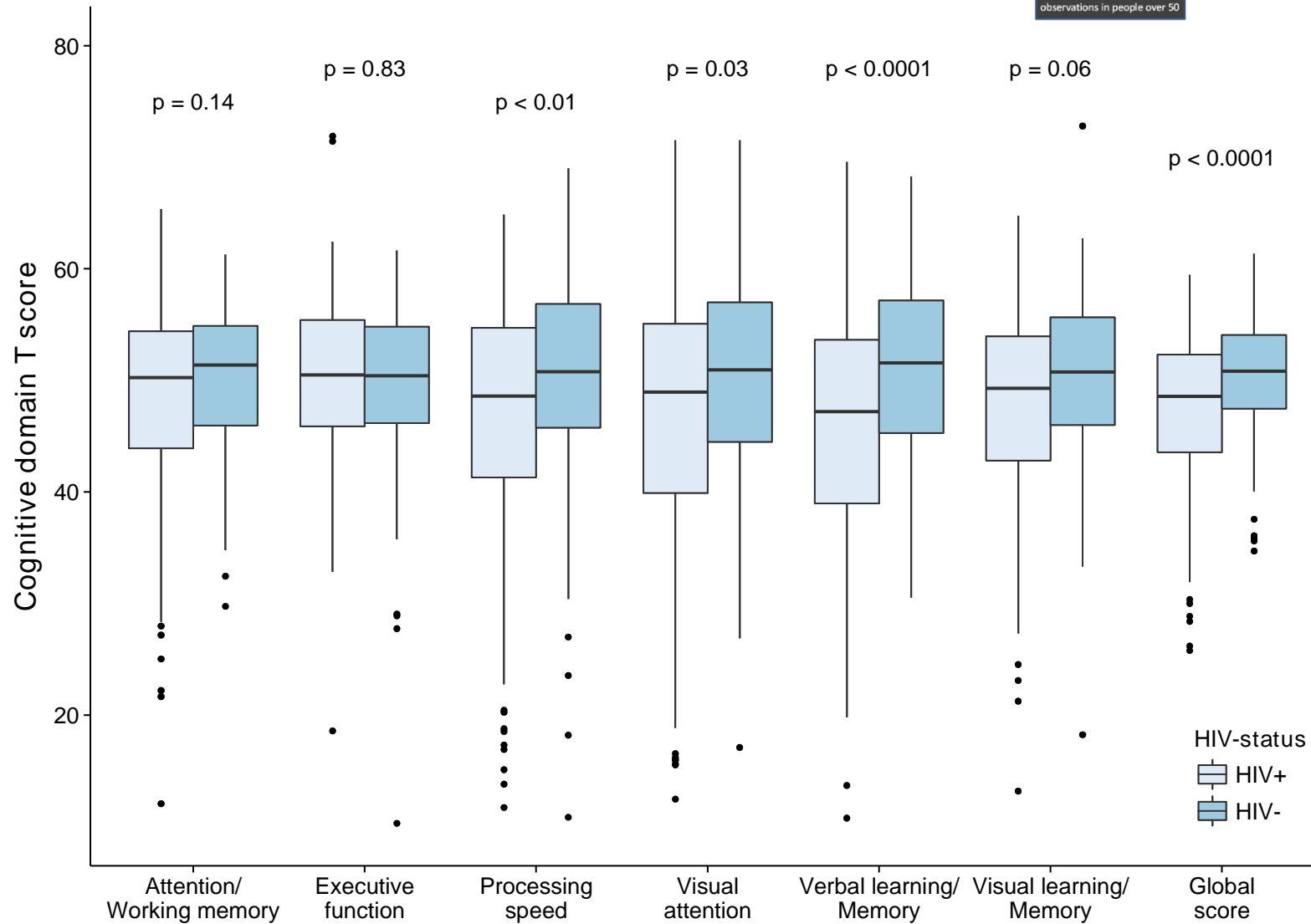


	HIV+ median (IQR)	HIV- median (IQR)	<i>P</i> HIV+/HI V-	BBD median (IQR)	<i>P</i> HIV+/BB D	<i>P</i> HIV- /BBD
<b>T cell activation</b>						
CD4 <sup>+</sup> CD38 <sup>+</sup> HLA-DR <sup>+</sup>	2.6 (1.7-4.0)	1.6 (1.0-2.6)	.001	0.8 (0.6-0.8)	<.001	.001
CD8 <sup>+</sup> CD38 <sup>+</sup> HLA-DR <sup>+</sup>	7.5 (4.5-10.8)	5.6 (3.3-9.7)	.100	0.4 (0.3-0.9)	<.001	<.001
<b>T cell senescence</b>						
CD4 <sup>+</sup> 57 <sup>+</sup>	12.1 (6.3-18.4)	12.2 (7.0-19.3)	.736	4.1 (3.7-4.5)	.002	<.001
CD4 <sup>+</sup> CD27 <sup>-</sup> CD28 <sup>-</sup>	4.8 (1.1-8.5)	6.0 (1.5-12.3)	.485	0.1 (0.1-1.3)	<.001	<.001
CD8 <sup>+</sup> 57 <sup>+</sup>	50.6 (36.8-57.2)	45.1 (35.6-57.4)	.773	30.2 (19.0-31.9)	<.001	<.001
CD8 <sup>+</sup> CD27 <sup>-</sup> CD28 <sup>-</sup>	38.1 (24.8-46.4)	36.4 (22.6-50.1)	.802	16.8 (7.3-28.5)	.002	.014
<b>T cell exhaustion</b>						
CD4 <sup>+</sup> PD-1 <sup>+</sup>	6.8 (5.2-10.7)	6.2 (3.4-8.4)	.106	3.3 (2.9-3.9)	<.001	.010
CD8 <sup>+</sup> PD-1 <sup>+</sup>	19.6 (14.1-23.9)	16.1 (11.6-24.0)	.138	3.4 (2.8-7.5)	<.001	<.001

**Conclusions:** No evidence for increased immunological ageing is found in the HIV+ compared to matched uninfected controls. Immunological ageing is increased in the HIV+ group as well as the uninfected controls when compared to blood bank donors

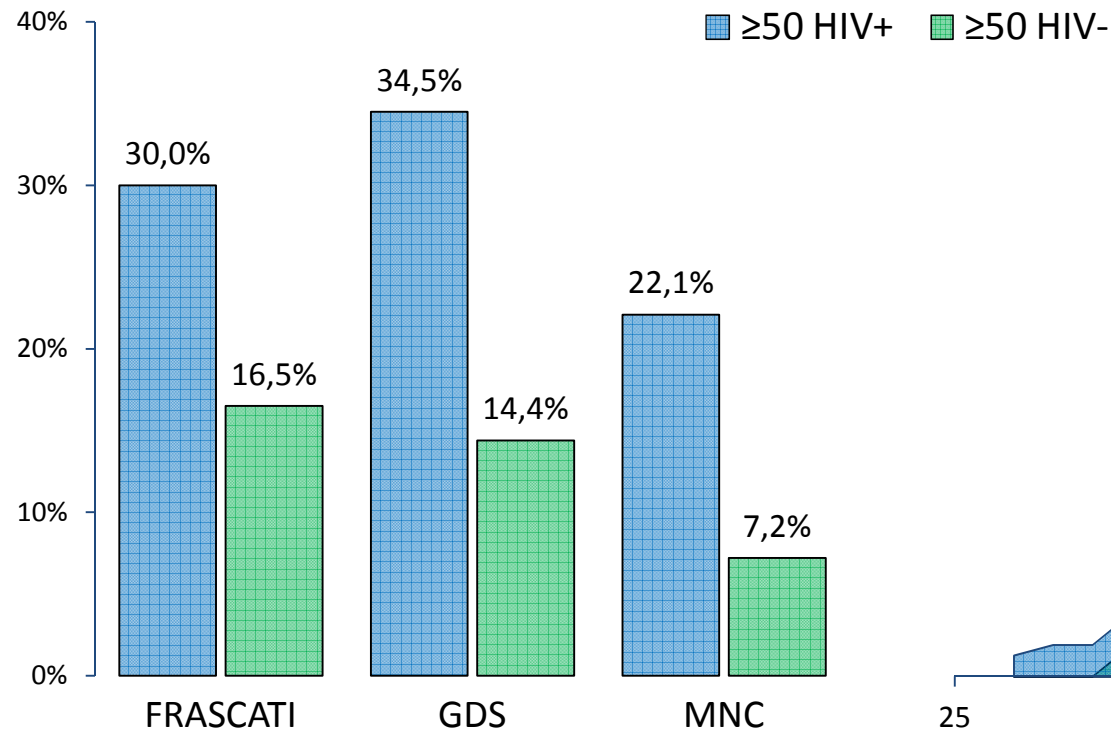
This illustrates the crucial importance of using appropriate controls for these studies.

# Cognitive function



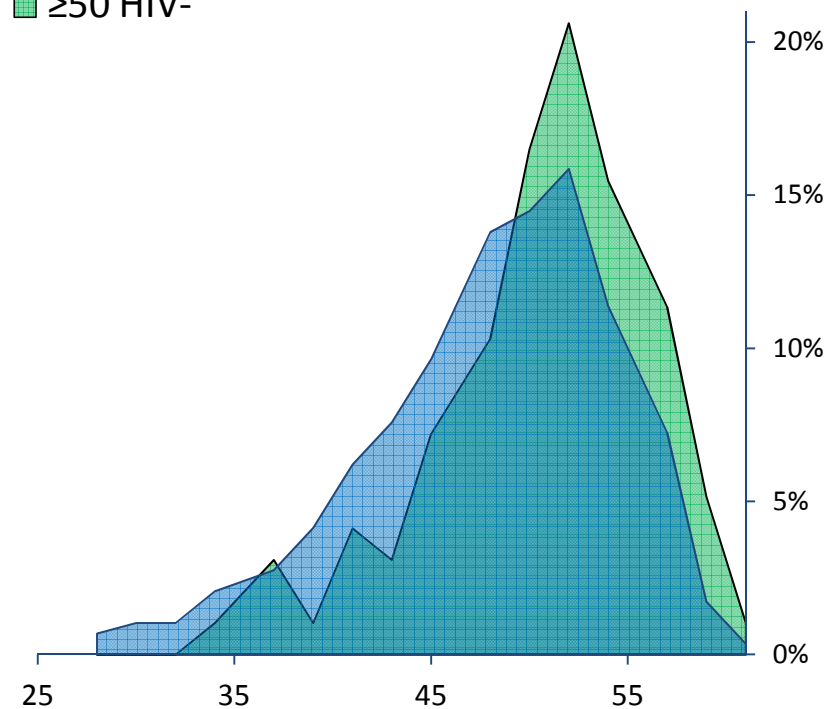
# Prevalence of CI

**Prevalence**



<b>OR (95% CI):</b>	2.17 (1.20, 3.92)	3.12 (1.69, 5.78)	3.64 (1.61, 8.24)
<b>p-value:</b>	0.011	<0.001	0.001

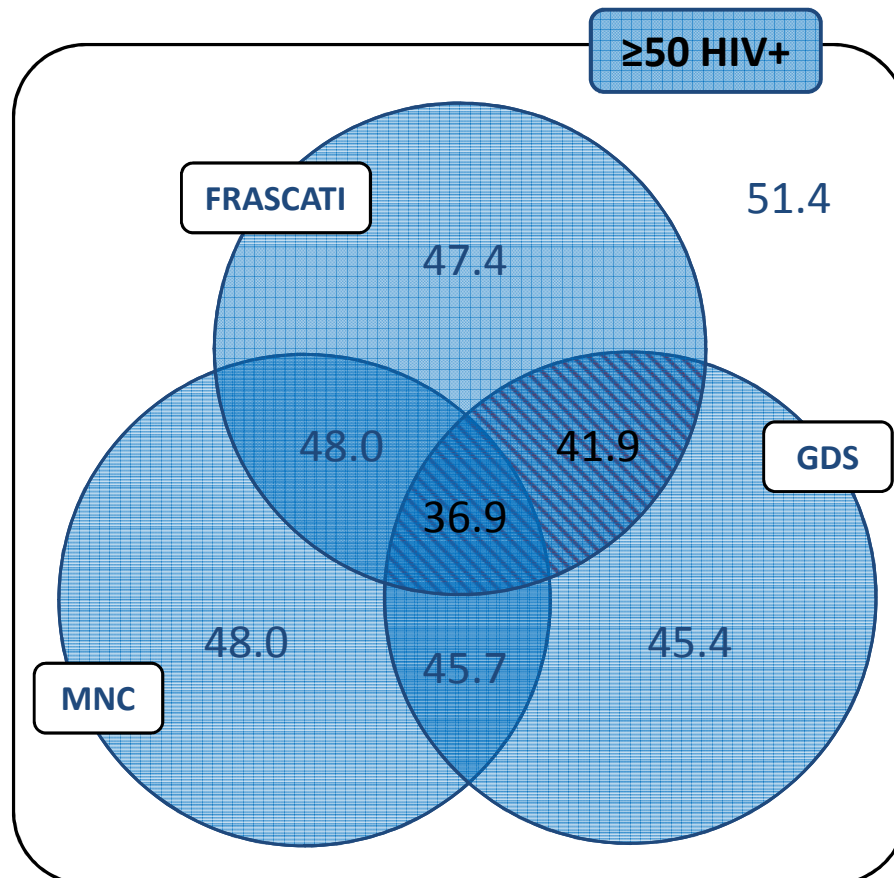
**Global T-score**



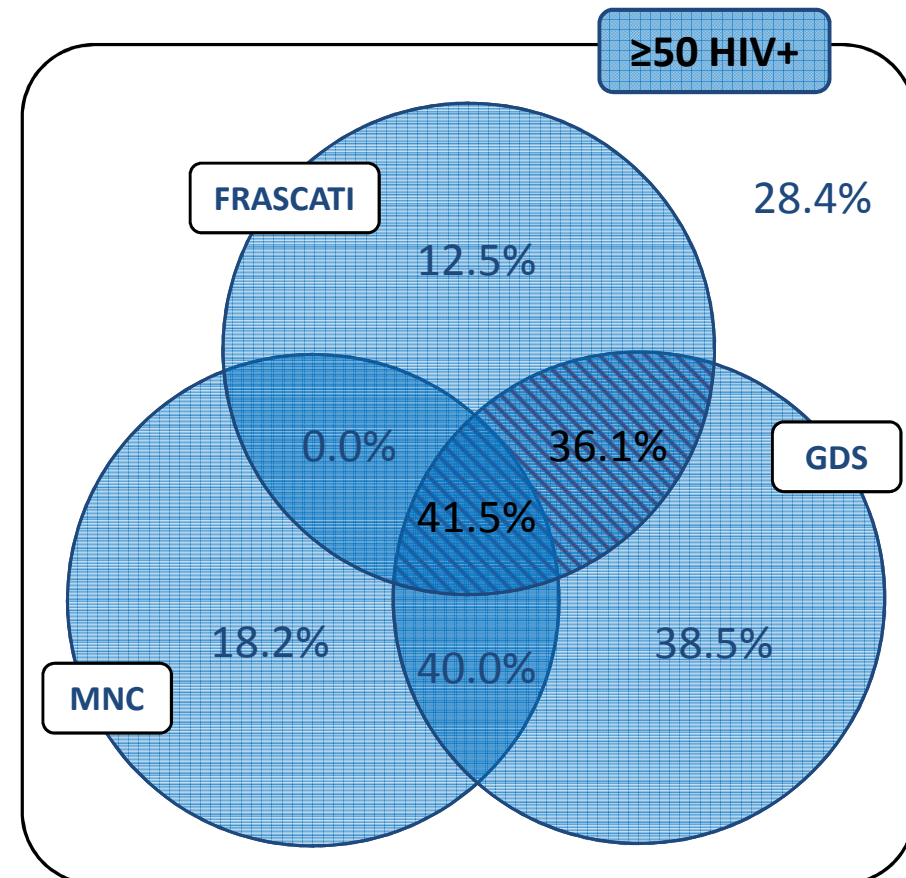
	≥50 HIV-	≥50 HIV+	p-value
<b>Median (IQR):</b>	50.8 (47.5, 54.1)	48.6 (43.5, 52.3)	<0.001

# Global cognitive function and EACS questions

Median global T-score



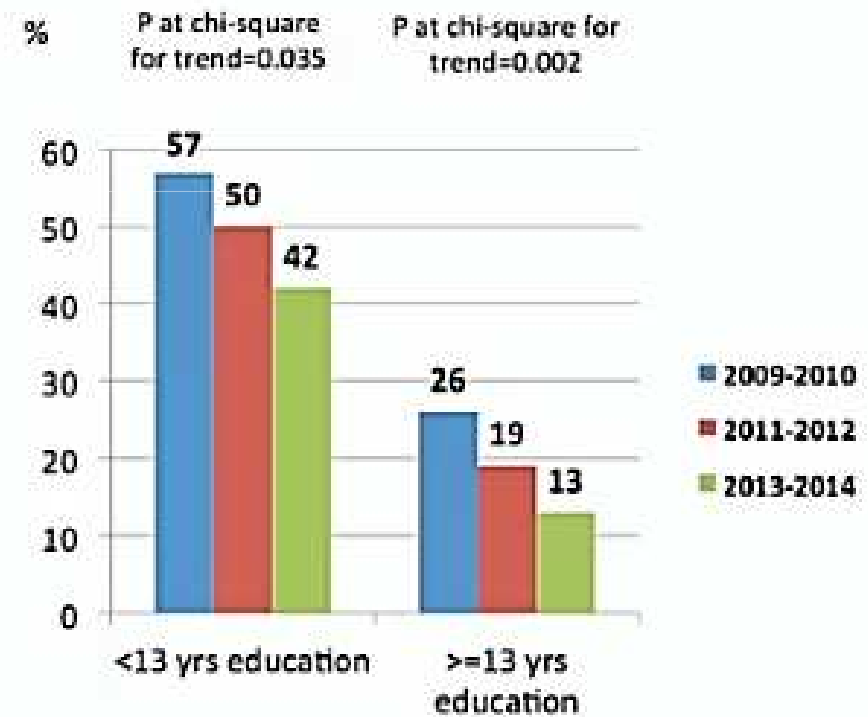
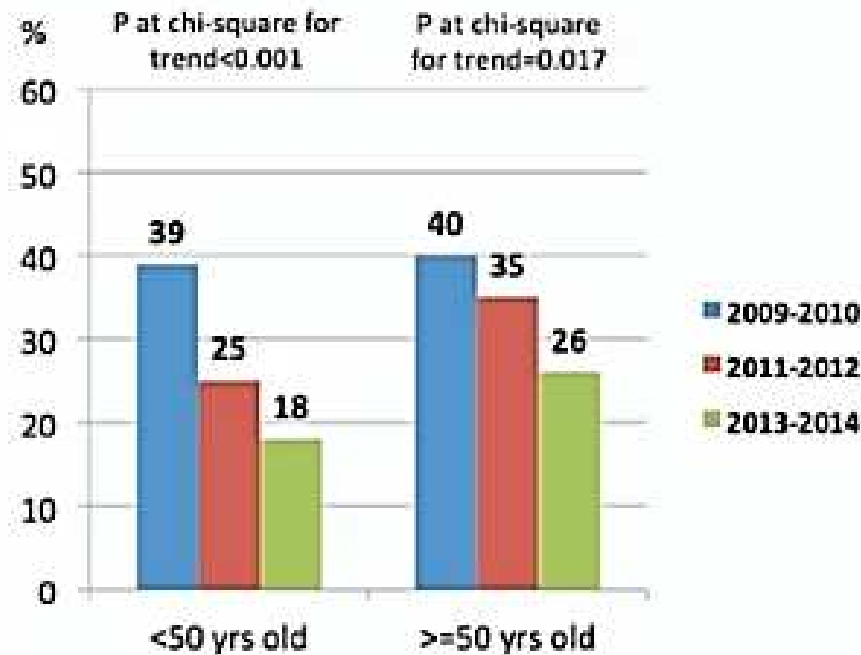
% with ≥2 cognitive complaints



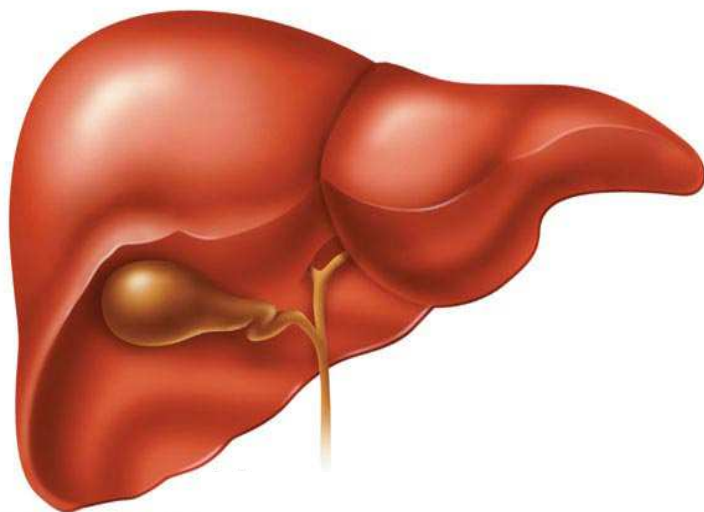


# Italian cohort

- HAND prevalence by calendar year, age and level of education

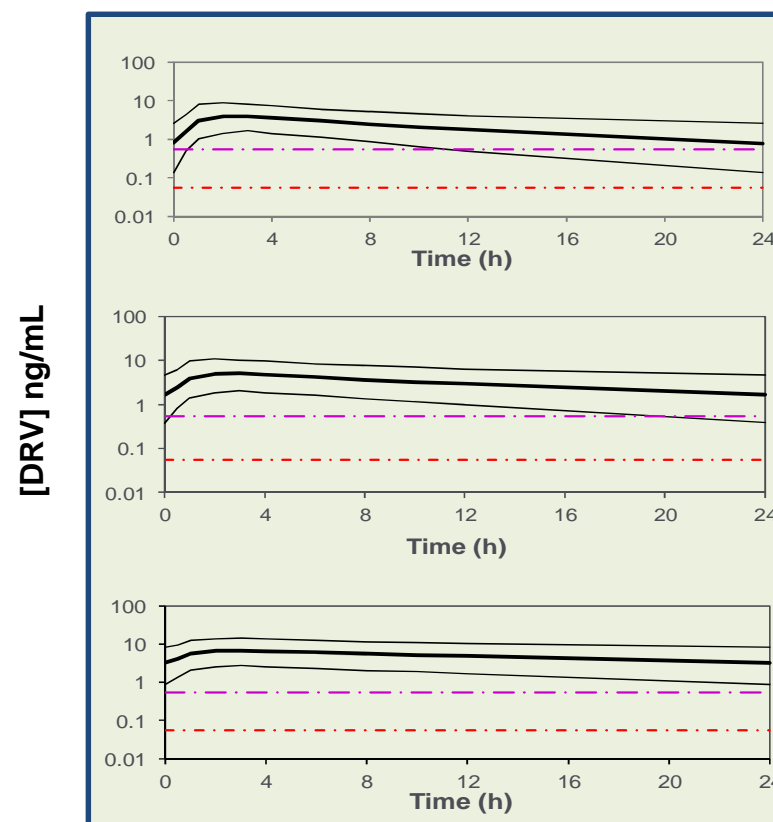


# Antiretroviral pharmacology and ageing



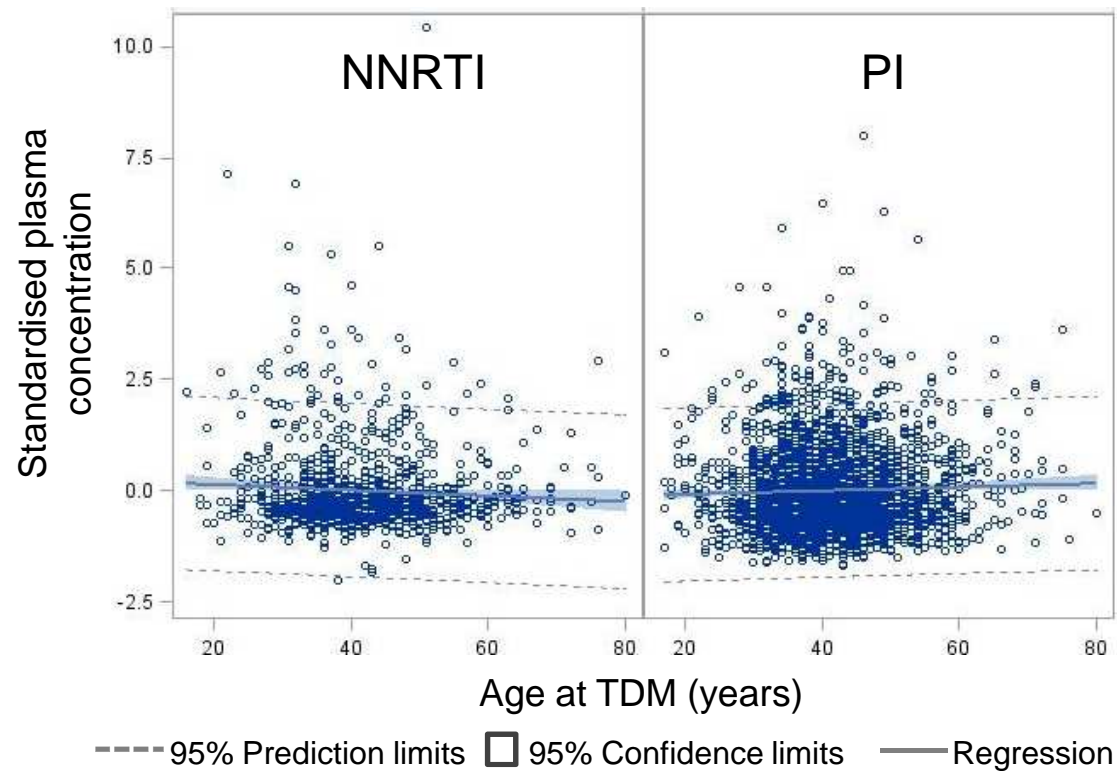
- Simulations at fixed age points illustrated the change in PK profiles with increasing age
- RTV AUC and patient age were significantly associated with DRV clearance

Darunavir 95% prediction intervals determined from simulations of 1000 patients aged:

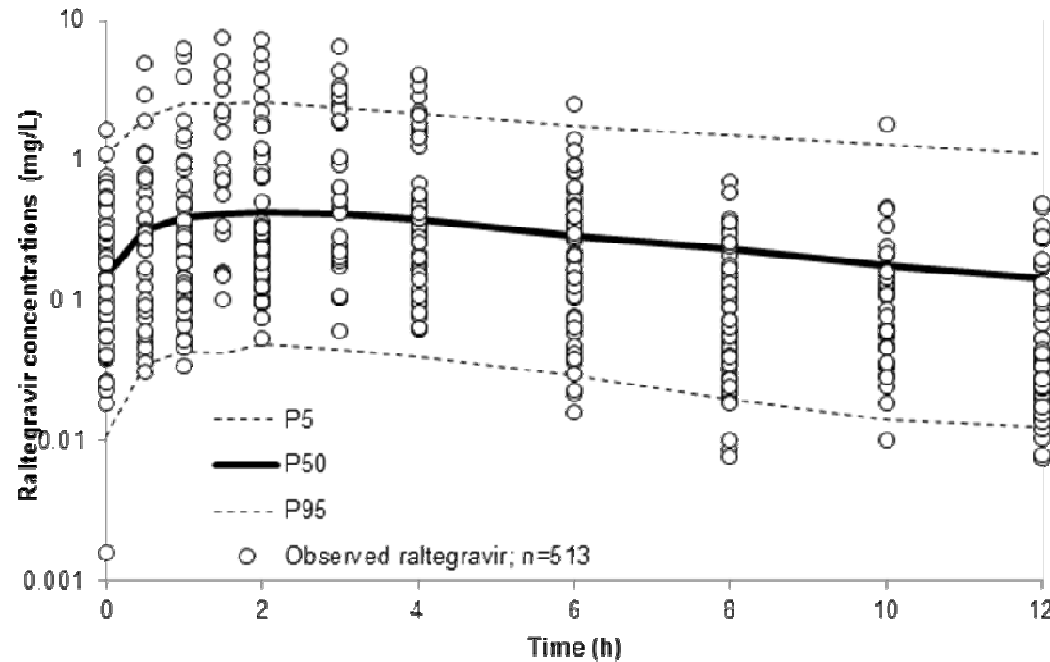


# Antiretroviral pharmacology and ageing

- Data from 3,589 TDM samples were available for 2,447 subjects
- As age increased, NNRTI concentrations remained constant, but PI concentrations increased



# Antiretroviral pharmacology and ageing



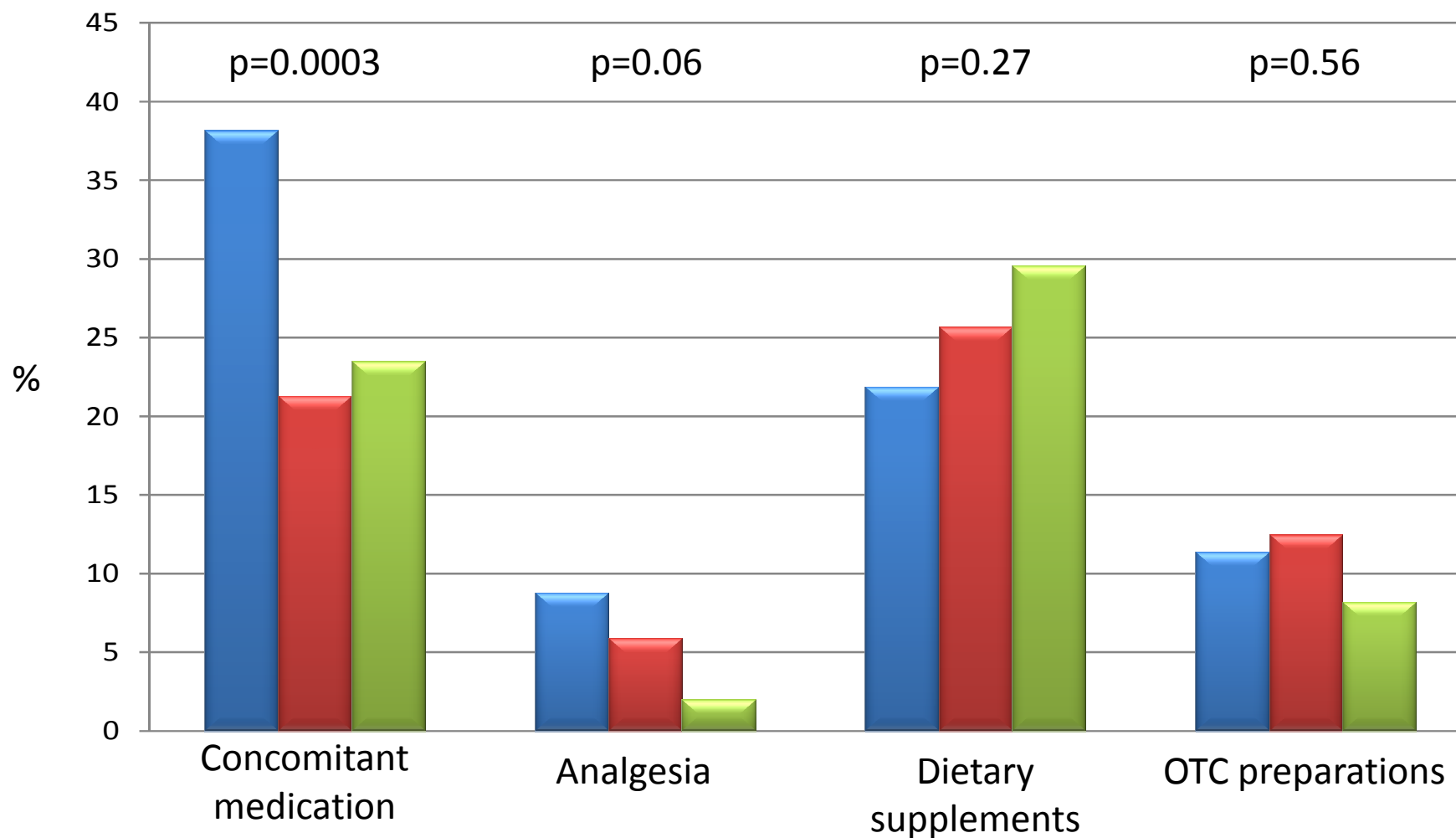
## Factors associated with raltegravir exposure in PK model

- Low fat meal associated reduced raltegravir exposure
- Neither age nor darunavir/r administration associated with raltegravir exposure

# Non ARV medication use

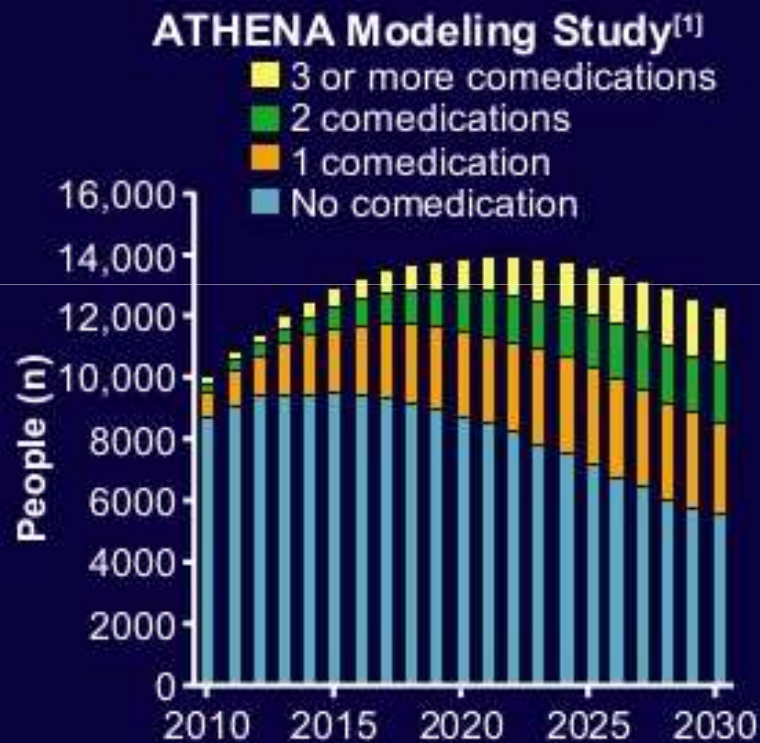


■ PLWH>50 ■ PLWH<50 ■ HIV-ve >50



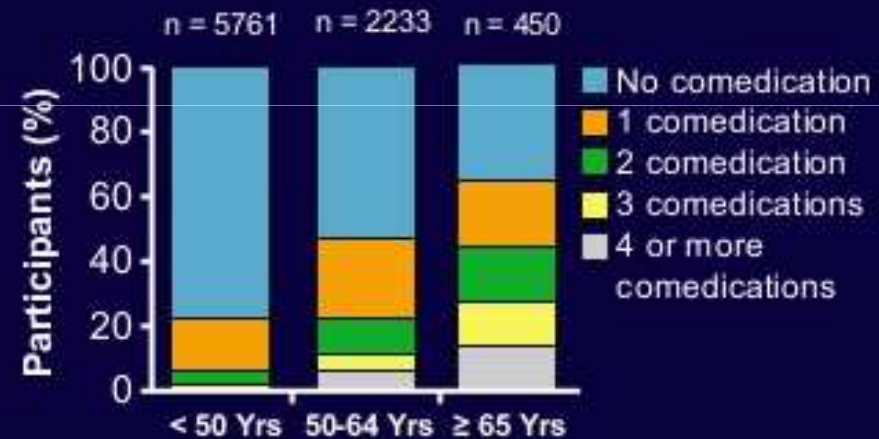
# Polypharmacy

## ATHENA and Swiss HIV Cohort Studies: Polypharmacy Among HIV+ Pts on ART



- Predicts that 20% of pts will be taking  $\geq 3$  meds other than ART in 2030

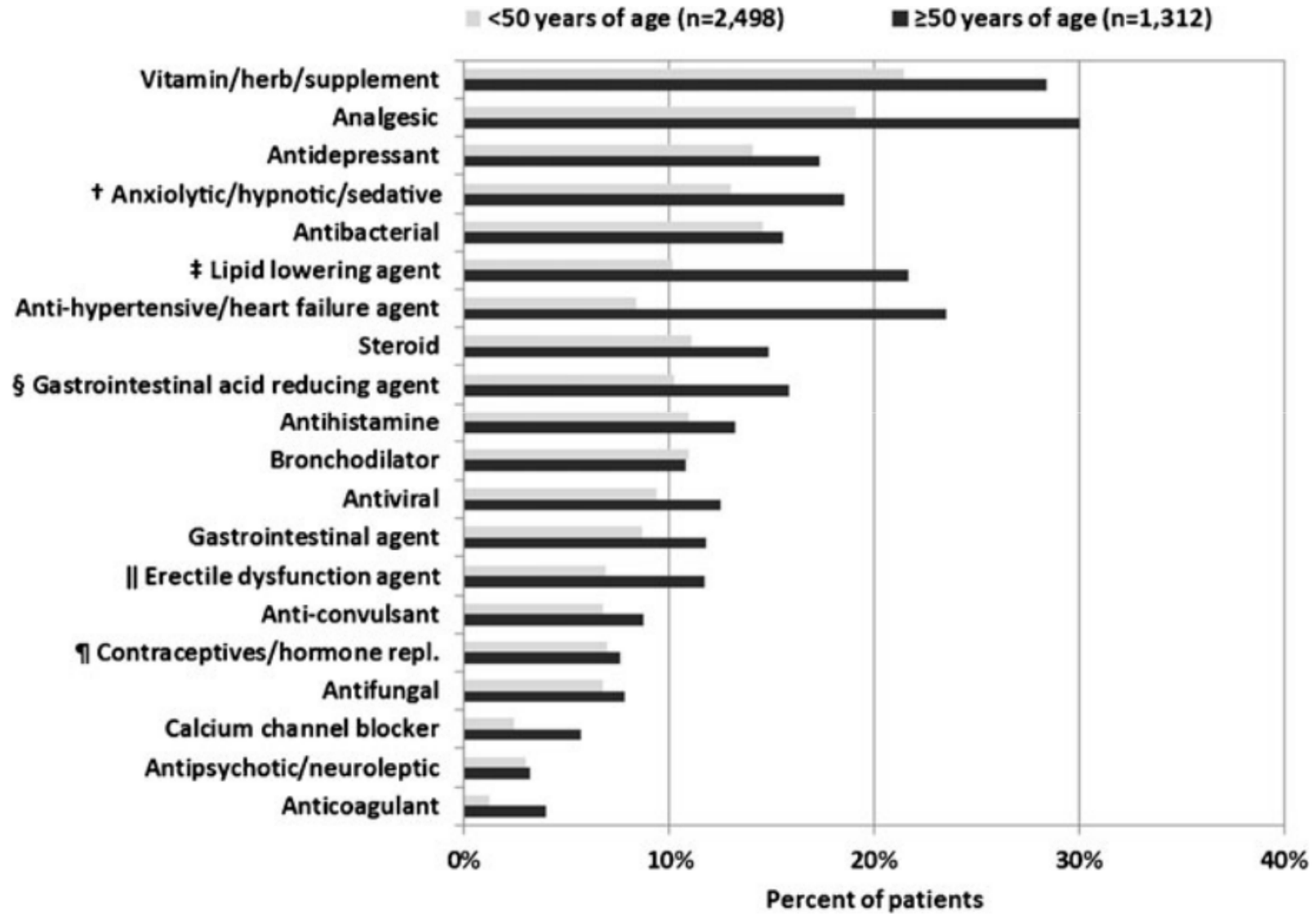
**Swiss HIV Cohort Study (N = 8444)<sup>[2]</sup>**  
Prospective Observational study



- 115 (5.2%) of 2233 participants 50-64 yrs of age and 64 (14.2%) of 450 participants  $\geq 65$  yrs of age received  $\geq 4$  meds other than ART



# Polypharmacy



# Overview

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# What do the guidelines say?

Guideline	AIDS or HIV-related symptoms	CD4+ cell count (cells/mm <sup>3</sup> )			
		<200	200–350	350–500	>500
EACS guidelines 2015 <sup>1</sup>	Highly recommended	Highly recommended	Highly recommended	Recommended	Recommended
WHO guidelines 2015 <sup>2</sup>	Highly recommended	Highly recommended	Highly recommended	Highly recommended	Highly recommended
IAS-USA 2014 <sup>3</sup>	Highly recommended	Highly recommended	Highly recommended	Highly recommended	Highly recommended
DHHS 2015 <sup>4</sup>	Highly recommended	Highly recommended	Highly recommended	Highly recommended	Highly recommended
British HIV association 2015 <sup>5</sup>	Highly recommended	Highly recommended	Highly recommended	Highly recommended	Highly recommended
GeSIDA/Plan Nacional 2016 <sup>6</sup>	Highly recommended	Highly recommended	Highly recommended	Highly recommended	Highly recommended
French HIV expert group 2014 <sup>7</sup>	Highly recommended	Highly recommended	Highly recommended	Highly recommended	Highly recommended
Italian HIV guidelines working group <sup>8</sup>	Highly recommended	Highly recommended	Highly recommended	Highly recommended	Recommended
Russian guidelines 2014 <sup>9</sup>	Highly recommended	Highly recommended	Highly recommended	Highly recommended	Recommended
DAIG/ÖAG guidelines 2014 <sup>10</sup>	Highly recommended	Highly recommended	Highly recommended	Highly recommended	Recommended

1. EACS Guidelines 2015, available at <http://www.eacsociety.org/guidelines/eacs-guidelines/eacs-guidelines.html> ; 2. WHO guidelines 2015, available at [http://apps.who.int/iris/bitstream/10665/186275/1/9789241509565\\_eng.pdf](http://apps.who.int/iris/bitstream/10665/186275/1/9789241509565_eng.pdf) ; 3. IAS-USA recommendations 2014, available at <https://www.iasusa.org/content/antiretroviral-treatment-adult-hiv-infection-2014-recommendations-international-antiviral-society-usa-panel> ; 4. DHHS 2015 guidelines, available at <https://aidsinfo.nih.gov/contentfiles/lvguidelines/adultandadolescentgl.pdf> ; 5. BHIVA guidelines 2015, available at <http://www.bhiva.org/documents/Guidelines/Treatment/consultation/150621-BHIVA-Treatment-GL-Final-draft-for-consultation.pdf>; 6. GeSIDA Plan Nacional 2016, available at <http://www.gesida-seimc.org/contenidos/guiasclinicas/2016/gesida-guiasclinicas-2016-tar.pdf>; 7. French 2013 guidelines, available at <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4062879/> ; 8. Italian HIV Guidelines 2015, available at [http://www.newmicrobiologica.org/PUB/allegati\\_pdf/2015/3/299.pdf](http://www.newmicrobiologica.org/PUB/allegati_pdf/2015/3/299.pdf) ; 9. Russian guidelines, available at: [http://www.hivrussia.org/files/Protokol\\_corr.pdf](http://www.hivrussia.org/files/Protokol_corr.pdf) ; 10. German and Austrian AIDS societies guidelines 2014, available at <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3776256/>

# Guidelines (international):

Guideline		Initial options
WHO guidelines 2013 <sup>1</sup>		<p>NNRTI: EFV + TDF/FTC; EFV + TDF/3TC</p>
EACS (Oct 2015) <sup>2</sup>		<p>INSTIs: DTG + TDF/FTC; DTG + ABC/3TC RAL + TDF/FTC; EVG/c/TDF/FTC</p> <p>Boosted PIs: DRV/r + TDF/FTC NNRTIs: RPV + TDF/FTC</p>
IAS-USA 2014 <sup>3</sup>		<p>INSTIs: DTG + TDF/FTC; DTG + ABC/3TC RAL + TDF/FTC; EVG/c/TDF/FTC</p> <p>NNRTIs: EFV + TDF/FTC; EFV + ABC/3TC RPV + TDF/FTC</p> <p>Boosted PIs: ATV/r + TDF/FTC; ATV/r + ABC/3TC DRV/r + TDF/FTC</p>
DHHS 2015 <sup>4</sup>		<p>INSTIs: DTG/ABC/3TC; DTG + TDF/FTC; EVG/c/TAF/FTC; EVG/c/TDF/FTC; RAL + TDF/FTC</p> <p>Boosted PI: DRV/r + TDF/FTC</p>

1. WHO guidelines 2015, available at [http://apps.who.int/iris/bitstream/10665/186275/1/9789241509565\\_eng.pdf](http://apps.who.int/iris/bitstream/10665/186275/1/9789241509565_eng.pdf) ; 2. EACS Guidelines 2015, available at <http://www.eacsociety.org/guidelines/eacs-guidelines/eacs-guidelines.html> ; 3. IAS-USA recommendations 2014, available at <https://www.iasusa.org/content/antiretroviral-treatment-adult-hiv-infection-2014-recommendations-international-antiviral-society-usa-panel> ; 4. DHHS 2015 guidelines, available at <https://aidsinfo.nih.gov/contentfiles/lvguidelines/adultandadolescentgl.pdf>

# Guidelines (national):

Guideline	Initial options
Italian HIV guidelines working group <sup>1</sup> 	INSTIs: DTG + TDF/FTC; DTG + ABC/3TC RAL + TDF/FTC; RAL + ABC/3TC EVG/c/TDF/FTC NNRTIs: EFV + TDF/FTC; EFV + ABC/3TC RPV + TDF/FTC Boosted PIs: ATV/r + TDF/FTC; ATV/r + ABC/3TC DRV/r + TDF/FTC; DRV/r + ABC/3TC
DAIG/ÖAG guidelines 2015 <sup>2</sup> 	TDF/FTC or ABC/3TC plus one of the following options: DTG or RGV or RPV or DRV/r or ATVr OR TAF/FTC/EVG/c. Alternatives are (NRTI) TDF + 3TC, (3rd drug) EFV or LPV/r or TDF/FTC/EVG/c
GeSIDA/Plan Nacional 2016 <sup>3</sup> 	INSTIs: DTG + TDF/FTC; DTG + ABC/3TC; RAL + TDF/FTC; EVG/c/TDF/FTC
French HIV expert group 2014 <sup>4</sup> 	TDF/FTC plus one of the following four options: EFV; RPV; ATV/r; DRV/r ABC/3TC plus one of the following two options: EFV; ATV/r
British HIV Association 2015 <sup>5</sup> 	TDF/FTC plus one of the following six options: ATV/r; DRV/r; DTG; EVG/c; RAL; RPV
Russian guidelines 2014 <sup>6</sup> 	NNRTI: EFV + 2 NRTIs: AZT-F; ABC; TDF; ZDV; 3TC; TDF/FTC

1. Italian HIV Guidelines 2015, available at [http://www.newmicrobiologica.org/PUB/allegati\\_pdf/2015/3/299.pdf](http://www.newmicrobiologica.org/PUB/allegati_pdf/2015/3/299.pdf) ; 2. German and Austrian AIDS societies guidelines 2014, available at <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3776256/> ; 3. GeSIDA Plan Nacional 2016, available at <http://www.gesida-seimc.org/contenidos/guiasclinicas/2016/gesida-guiasclinicas-2016-tar.pdf> ; 4. French 2013 guidelines, available at <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4062879/>; 5. BHIVA guidelines 2015, available at <http://www.bhiva.org/documents/Guidelines/Treatment/consultation/150621-BHIVA-Treatment-GL-Final-draft-for-consultation.pdf>; 6. Russian guidelines, available at: [http://www.hivrussia.org/files/Protokol\\_corr.pdf](http://www.hivrussia.org/files/Protokol_corr.pdf)

# Guidelines (Alan's summary):

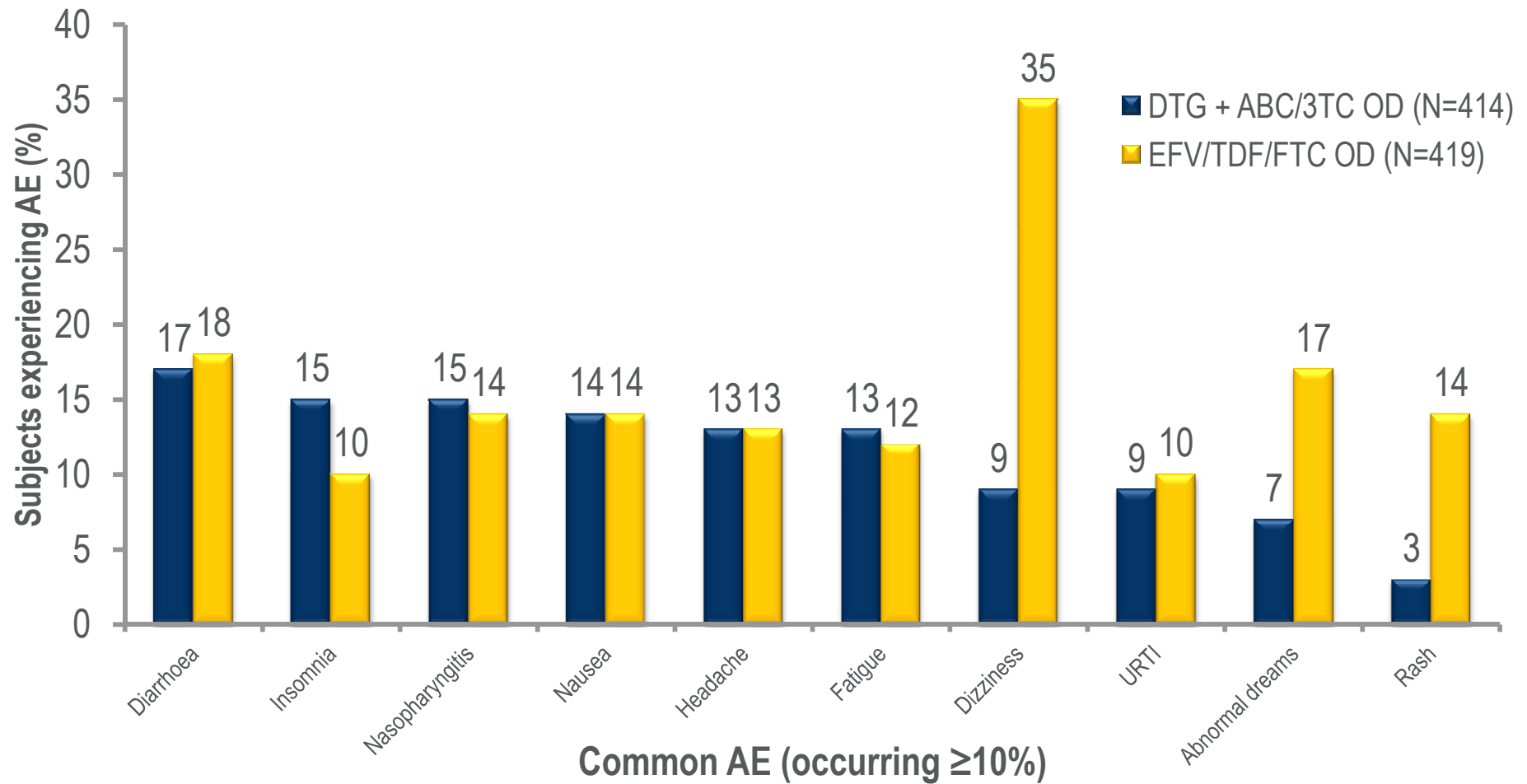
NRTI backbone	3 <sup>rd</sup> agent
	INI: <ul style="list-style-type: none"> <li>• DTG</li> <li>• RTG</li> <li>• ELV/c</li> </ul>
	NNRTI: <ul style="list-style-type: none"> <li>• RPV</li> </ul>
	PI: <ul style="list-style-type: none"> <li>• DRV/r</li> <li>• ATV/r</li> </ul>



# Overview

- 1 Historical CNS toxicities
- 2 Changing demographics of PLWH
- 3 Changes to treatment
- 4 Emerging toxicities
- 5 Management and the future

# Emerging toxicities INI





# Unexpectedly High Rate of Intolerance for Dolutegravir in Real Life Setting



Guido van den Berk, Josephine Oryszczyn, Willem Blok, Narda van der Meche, Rosa Regez, Daoud Ait Moha, **Kees Brinkman**  
dept internal medicin OLVG, Amsterdam, The Netherlands – [k.brinkman@olvg.nl](mailto:k.brinkman@olvg.nl)

## background

- Integrase inhibitors (INSTI) are now preferred antiretrovirals in first line cART.
- Dolutegravir (DGV) is possibly considered as one of the most efficacious, convenient and tolerated INSTI, with hardly any chance for drug-drug interactions.
- Since we encountered many patients who stopped DGV because of intolerance, we analyzed the experience with DGV in our whole patient population since licensing in the Netherlands (aug 2014)

## methods

- OLVG cohort: ±3000 patients, (97,4% on cART)
- retrospective analysis of all patients who started DGV, either as initial therapy or after switching from other antiretrovirals for any reason.
- Baseline characteristics at the moment of DGV start were recorded.
- We calculated the proportion of patients who stopped DGV, analyzed the reason for interruption and evaluated potential risk factors.
- Chi-squared test and Z-score to check for significant differences between groups and proportions.

## results

	total (N=387)	naives(N=65)	non-naives (N=322)	
median age (IQR)	48	46 (22)	48 (13)	ns
female	44 11,4%	8 12,3%	36 11,2%	ns
dutch origin	136 35,1%	28 43,1%	108 33,5%	ns
median CD4 <sub>mm3</sub> (IQR)	650	530 (395)	655 (345)	ns
median DGV days (IQR)	220	196 (147)	221 (148)	ns
DGV separate..	156	15	141	
DGV in STR..	231	50	181	

DGV stopped	62 16,0%	13 20,0%	49 15,2%	ns
median DGV days (IQR)	78	81 (71)	75 (99)	ns
female	5 11,4%	3 37,5%	2 5,6%	p=0.01
DGV separate	24 15,4%	1 6,7%	23 16,3%	ns
DGV in STR	38 16,6%	12 24,0%	26 14,4%	ns

## reason for interruption

other than toxicity*	6 9,7%	1 7,7%	5 10,2%	
toxicity	56 90,3%	12 92,3%	44 89,8%	ns
sleeping..	19 31,3%	5 38,5%	14 28,6%	ns
gastro-intestinal..	18 29,5%	4 30,8%	14 28,6%	ns
neuro-psychiatric..	12 19,7%	3 23,1%	9 18,4%	ns
paresthesia..	6 9,7%	0 0,0%	6 12,2%	ns
headache..	8 12,9%	0 0,0%	8 16,3%	ns
fatigue..	9 14,6%	1 7,7%	8 16,3%	ns
allergy..	1 1,7%	1 7,7%	0 0,0%	ns
other..	5 8,2%	1 7,7%	4 8,2%	ns

\*LTFU, HBV protection, insurance, induction, patient request, interaction

## results

DGV treatment was stopped in 62/387 (16,0%) patients. There were no virological failures. Main reason for DGV interruption was intolerance in 56/62 (90,3%) patients: 19/56 (31,3%) sleeping problems, 18/56 (29,5%) gastrointestinal problems, 12/56 (19,7%) psychiatric problems, 8/56 (12,9%) headache, 9/56 (14,6%) fatigue and 6/56 (10,9%). Some patients reported more than one toxicity.

Psychiatric reason to stop (n=12) varied from anxiety, depression and agitation to psychosis (n=2)

## conclusion

In a real life setting a substantial proportion of patients unexpectedly interrupted DGV treatment for reasons of intolerance, in particular sleeping, gastrointestinal and psychiatric problems. This was much higher than reported in clinical trials.

# Emerging toxicities INI

## EFV to DTG switch (BHIVA 2016)

	BASELINE		WEEK 4		p-value
	IS N 19	DS N 21	IS N 19	DS N 21	
<b>Overall CNS score(0 – 100) median(IQR)</b>	33(20-53)	40(27-53)	10(7-20)	33(20-43)	<0.001
<b>Proportion of patients with:</b>					
<b>Overall grade 3/4 CNS AE(%)</b>	19(100)	20 (95.2)	5 (26.3)	20 (95.2)	<0.001
<b>Insomnia(%)</b>	9(47.4)	13 (61.9)	4 (21.1)	9 (42.9)	
<b>Dizziness(%)</b>	4(21.1)	6 (28.6)	0 (0)	6 (28.6)	
<b>Depression(%)</b>	8(42.1)	8 (38.1)	1 (5.3)	8 (38.1)	
<b>Anxiety(%)</b>	7(36.8)	11 (52.4)	2 (10.5)	4 (19.1)	
<b>Confusion(%)</b>	3(15.8)	0 (0)	0 (0)	0 (0)	
<b>Impaired concentration(%)</b>	5(26.3)	6 (28.6)	2 (10.5)	4 (19.1)	
<b>Headache(%)</b>	0 (0)	4 (19.1)	0 (0)	4 (19.1)	
<b>Somnolence(%)</b>	4 (21.1)	8 (38.1)	1 (5.3)	6 (28.6)	
<b>Aggressive behaviour(%)</b>	2 (10.5)	5(23.8)	1 (5.3)	4 (19.1)	

# Overview

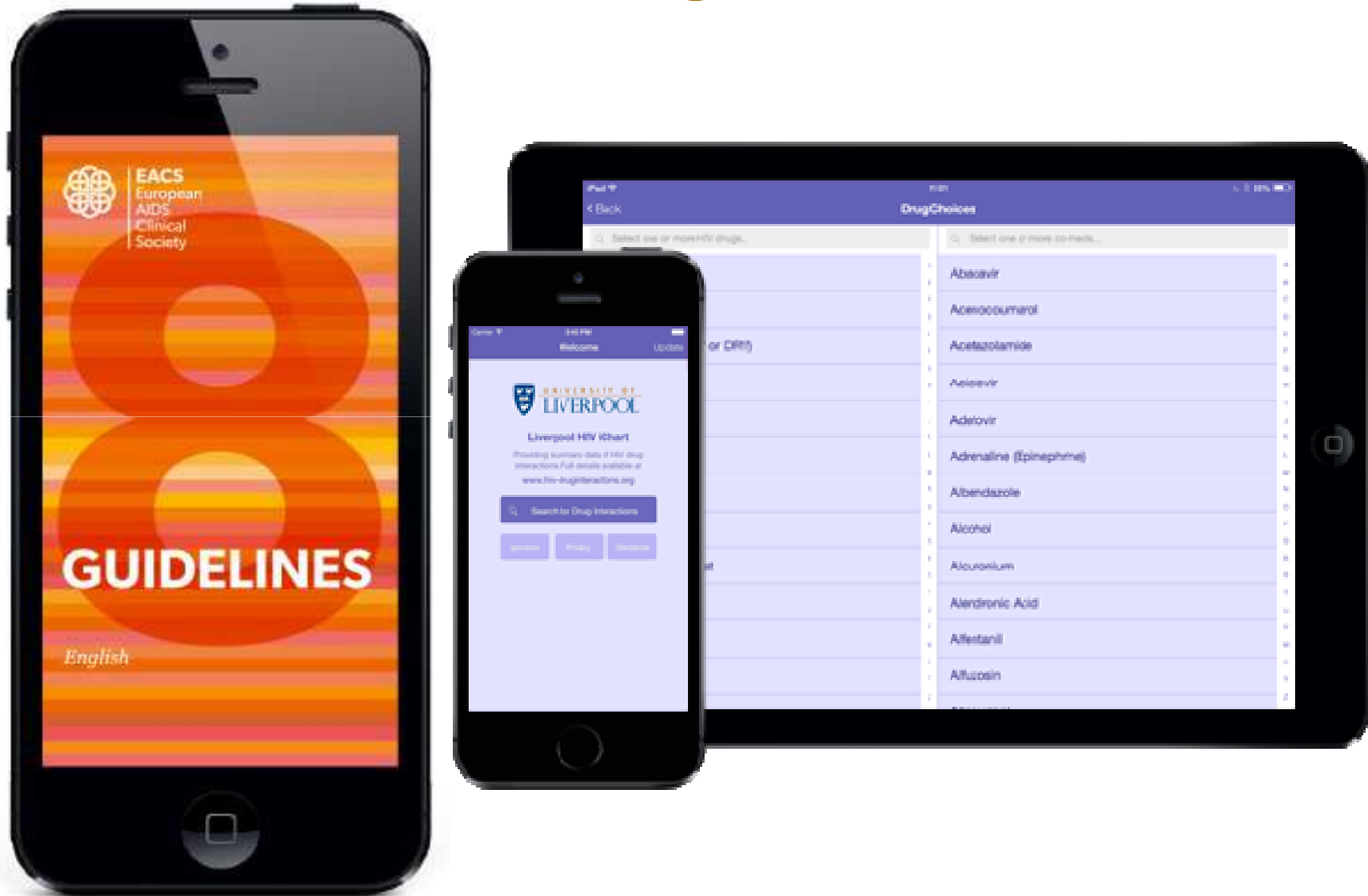
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# Emerging toxicities INI

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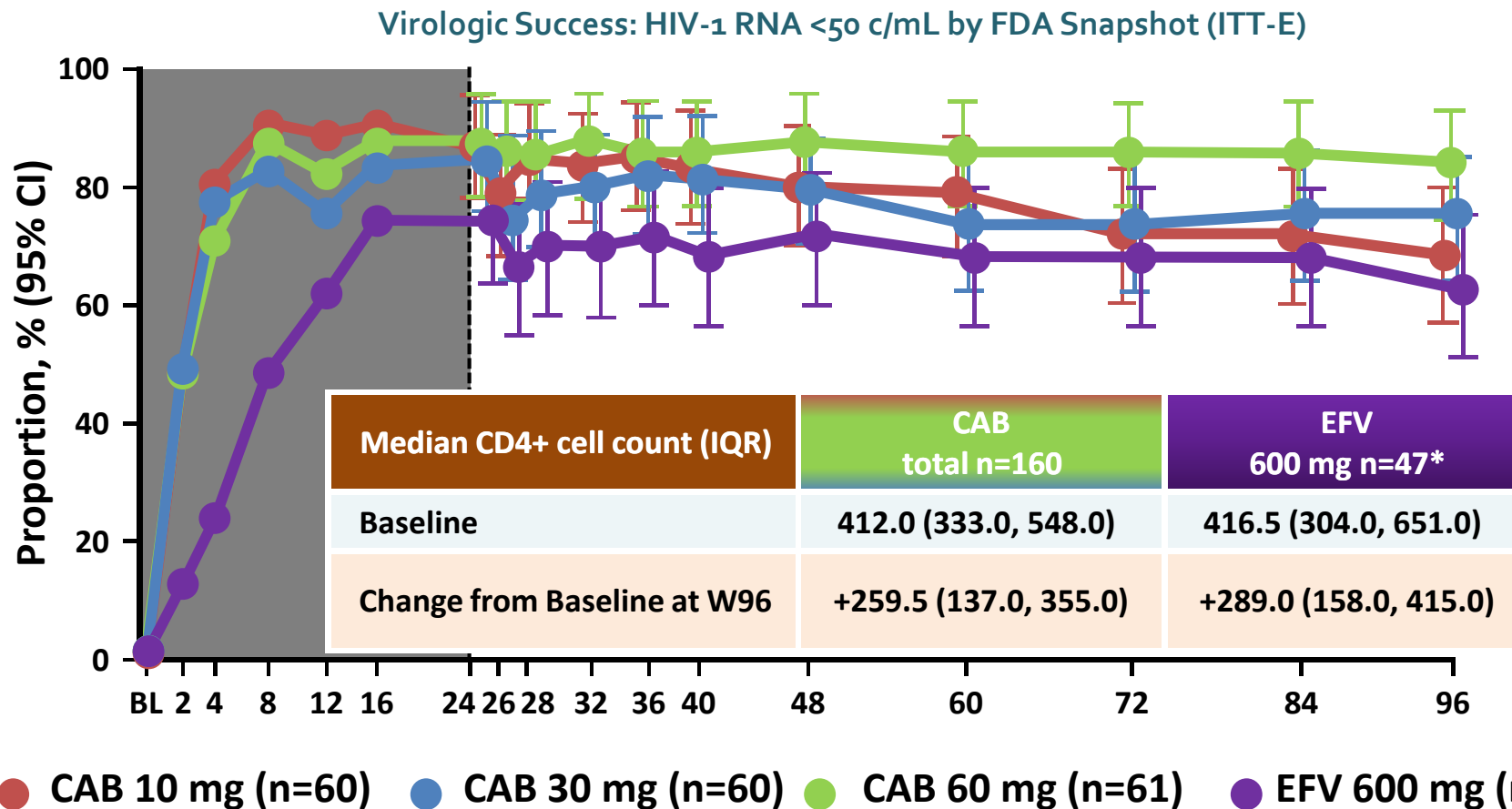
# General patient management





# The future

- Cabotegravir and rilpivirine as Two-Drug Oral Maintenance Therapy: LATTE Week 96 results



# The future

Are we likely to see changes in prevalence of neurological toxicities in PLWH?

Factor	Reduction in risk factor	Ongoing or increasing in risk factor
Treatment of HIV infection	Duration untreated HIV-infection  Reduced AIDS	Longer duration antiretroviral therapy
Type of ART	Historical infective and clearly neurotoxic antiretroviral therapy	Novel strategies with unknown long term side effects
Ageing		Increasing age and likely increase in number of co-morbidities
Lifestyle		Recreational drug use

# Summary

- 1 Historical CNS toxicities
  - Still describing new toxicities on old drugs!
- 2 Changing demographics of PLWH
  - Comorbidities, ageing and polypharmacy may exacerbate ART toxicities
- 3 Changes to treatment
  - Guidelines are all in general agreement and moving to INI based regimens
- 4 Emerging toxicities
  - Clinical vigilance essential
  - Important not to overcall toxicities
- 5 Management and the future
  - Management involves a holistic and multidisciplinary approach
  - Future treatment strategies likely to include INI

**Thank you !**