# Workshop. Practical Training on diagnosis and management of clinical CNS problems in HIV-positive individuals

Screening

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#### Clinical Guidelines Recommendations

#### **EACS 2017**

### Self-complain or relatives complaining

#### Without:

- Severe psychiatric condition\*
- Drug or alcohol abuse\*
- Neurologic sequelae
- Current neurological disease\*



#### Self-reported symptoms

• The three questions



Exclude/treat depression



#### **GESIDA 2013**

#### Self-complain

#### Medical criteria:

- AIDS
- Low CD4
- Off ART
- HCV/HIV
- Age >50
- Uneducated



#### **Neurocognitive Screen**

BNCS



Exclude/treat comorbidities\*



NP examination

#### Differences Between Clinical Guidelines

**EACS 2017** 

Self-complaining patients
without major confounders

NP examination

**GESIDA 2013** 

Self-complain Medical criteria
without major confounders



**Brief NP examination** 

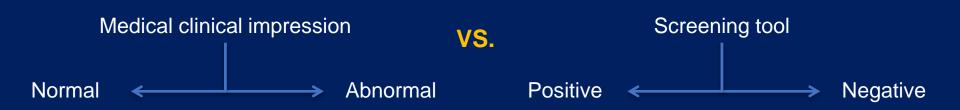


NP examination

#### **Are Medical Criteria Useful?**

	N=140
Neurocognitive impairment (Frascati criteria). N (%)	36 (25,7)
Male. N (%)	32 (22,9)
Age. Median (IQR)	46.33 (8,2)
Caucasian ethnicity . N (%)	125 (89,3)
Years of education. Mean (SD)	9,55 (6,01)
AIDS. N (%)	90 (64,3)
Time since HIV diagnosis (months). Mean (SD)	184,75 (79,46)
Time virologically suppressed (months). Mean (SD)	75,39 (41,96)
CD4 nadir (c/mm3). Mean (SD)	162 (123,94)
Current CD4 (cells/mm3). Mean (SD)	624,43 (304,28)
Active HCV infection. N (%)	30 (21,4)
Intravenous drug use mode of HIV transmission. N(%)	42 (30)

Screening tool	Н	DS	BNCS		PHYSICIAN IMPRESSION
Cut off	≤10	≤14	NPZ3 <u>&lt;</u> -0,33	Altered test*	YES/NO
Sensitivity	0,22	0,56	0,69	0,53	0,39
Specificity	0,62	0,28	0,73	0,91	0,90
Likelihood ratio positive	0,57	0,79	2,58	6,1	3,9
Likelihood ratio negative	1,27	1,54	0,42	0,52	0,67
Positive predictive value	0,18	0,24	0,47	0,68	0,54
Negative predictive value	0,67	0,62	0,87	0,85	0,83



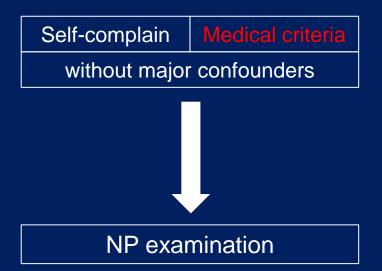
#### Are NP Screening Tools Useful?

BNCS

N	GOLD STANDARD (NPZ-5)	CUT-OFF	SENSIBILIITY	SPECIFITY	REFERENCE
	Frascati Criteria	2 test <u>&lt;</u> - 1SD or 1 test <u>&lt;</u> -2SD	23.6%	98.3 %	Ellis et al 2005
301		1 test <u>&lt;</u> -1SD	44%	84 %	
		NPZ3 <u>&lt;</u> -0,33	65%	72 %	
1580	Frascati Criteria	<u>&lt;</u> 10	27%	92%	Sakamoto et al
Control		Control Group	69%	57%	2012

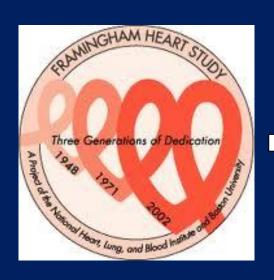
#### The algorithm we are currently using in our NP clinic

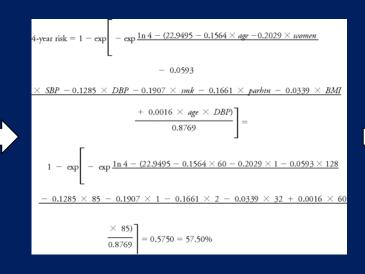
#### **Hospital U. La Paz (Madrid)**



#### **How Can We Improve?**

## We need to develop algorithms based on clinical factors and diagnostic tests







## An initial screening clinical algorithm has been proposed Results are promising but not good enough

Age:		years
CD4:		cells/mcL
CNS disease:		"X"=yes / Blank:No
CART duration:		months
NP =	-14.99	NP Normal

Tools		Global NP assessment		
		Positive	Negative	
Screening	Positive	78%	30%	
algorithm	Negative	22%	70%	

<sup>\*</sup> Performed using the clinical data and NP results of 96 HIV+ subjects

#### This algorithm has its limitations:

- ✓ It has only been validated in patients with AIDS
- ✓ It has only been validated in patients with HIV RNA < 50 cp/mL

#### Potential Elements of Improvement

- Brain MRI (conventional or 3T)
  - ✓ Number of white matter lesions (conventional)
  - ✓ DTI abnormalities (3T)
  - ✓ MRS abnormalities (3T)
- Biomarkers (blood or CSF?)
  - ✓ NFL, Neopterin, IP-10, MCP-1...
- HIV factors
  - ✓ Presence of "neurotropic" HIV clades
  - ✓ Detection of CSF compartmentalization / viral escape
- Others?