#### **CNS HIV Anti-Retroviral Therapy Effects Research**



#### Incidence, Risk Factors and Neurocognitive Impact of CSF Viral Escape: Longitudinal Analysis in CHARTER & HNRP Cohorts.

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#### Background

- CSF viral escape (CVE), HIV-RNA >50 cop/mL in CSF while HIV-RNA <50 cop/mL in plasma, is an infrequent event observed despite ART.</li>
- It is unclear if CVE is single entity or is the reflection of different pathogenic conditions with different outcomes<sup>1,2</sup>.
- A potential deleterious effect of CVE on neurocognitive performance has been hypothesized but has not been proved.
- The incidence of CVE is unknown; Risk factors for CVE have not been identified and the effect of CVE on neurocognitive evolution is unexplored.

1. Peluso MJ et al. AIDS 2012;26:1765-74 & Canestri A et al. Clin Infect Dis 2010;50:773-8.

1. Eden A et al. J Infect Dis 2010;202:1819-25/





- Determine the incidence, the risk factors and the effect of CVE on neurocognitive evolution in two large US HIV cohorts:
  - » The CHARTER Cohort
  - » The HNRP Cohort at UC San Diego



## Study design (I)

- Longitudinal analysis including individuals enrolled in CHARTER & HNRP cohorts (2003-2011).
- Selection criteria at inclusion:
  - » To be an HIV-infected patient on stable ART ( $\geq$  6 months).
  - » To have an undetectable level of HIV RNA in plasma (<50 cop/mL).
  - » To have a paired CSF/plasma HIV RNA quantification.
  - » To have completed all visit procedures including a complete neurocognitive assessment.
- We recorded and analyzed data from following visits of selected patients.



## Study design (II)

#### Visit type classification:

- » <u>CSF viral escape (defined as in the background)</u>.
  - CSF Blips: Single occurrence of CVE while suppressed in plasma.
  - Persistent CSF: <u>></u>2 consecutive CVE while suppressed in plasma.
  - CVE-LS: CVE next to a period of loss of HIV-suppression in plasma.
- » <u>Control</u> (HIV RNA <50 cop/mL in plasma and CSF)
- » LVS (HIV RNA >50 cop/mL in plasma) Censored for analysis.



## Subtypes of CVE





P-CVE





#### **Statistical methods**

- Incidence of CVE (global and by subtypes) was calculated and reported as incidence rates.
- Mixed model logistic regression (10% significance level) was used to estimated risk factors of CVE: An univariable model was run for each factor. Detected factors were analyzed in a multivariable models using backwards elimination based on corrected AIC. Factors were reported using the odds ratio.
- Neurocognitive performance, analyzed using a multiple linear regression model including demographics & GDS change, was compared in subjects with and without CVE that were always undetectable in plasma and have never performed a previous neurocognitive assessment.



## **Subjects and Visits distribution**



#### Median time of follow up: 2.5 years (IQR 1-4.8)



## **CVE** cases distribution by subtypes





## **Demographics & NP at baseline**

Variable	CVE n=60	No CVE* N=789
Age (years), X (SD)	43.1 (7.6)	44.9 (9.2)
Gender (male), %	85%	80.6%
Ethnicity (Caucasian), %	48.3%	50%
Years of education, X (SD)	13 (2.5)	12.8 (2.7)
HCV Ab+, %	18.8%	24.6%
Neurocognitive performance		
GDS, median (IQR)	0.4 (0.15-0.75)	0.32 (0.11-0.72)
Neucognitively impaired, N (%)	37.7%	37.2%

\* CSF HIV-RNA<50



#### **HIV factors at baseline**

Variable	CVE n=60	No CVE N=789
AIDS (CDC), %	90%	69%
CD4 nadir, median (IQR)	61 (9-183)	129 (25-237)
Years since first HIV+, median (IQR)	13 (8.9-16.6)	11.4 (5.5-16.5)
Years on ART ever, median (IQR)	6.5 (3.3-10.4)	6.1 (2.9-9.8)
Current ART regimen type		
NNRTI + N(t)RTIs, %	16.7%	36.9%
PI/r + N(t)RTIs, %	60%	48.9%
Other ART regimens, %	23.3%	14.2%
CPE Score, median (IQR)	7 (6-9)	7 (6-9)



# Incidence rate of CVE (global and by subtypes) CSF VIRAL ESCAPE (Global) **INCIDENCE RATE** CSF Viral Escape (all types) 37.4 cases per 1000 person-years SUBTYPES OF CVE **INCIDENCE RATE CSF Blips** 19.1 cases per 1000 person-years Persistent CSF Viral Escape 8.5 cases per 1000 person-years **CVE - LS** 9.8 cases per 1000 person-years



### **Risk factors for CVE**

#### Univariable mixed models

Variable	<b>Risk direction</b>	p Value
Plasma HIV RNA (0-50 cop/mL)		NC*
Years of follow up	Shorter	0.08
Protease inhibitor based ART	PI Use	< 0.01
CSF protein level	Higher	< 0.01
CSF Pleocytosis (>5 WBC)	Present	< 0.01
CSF Red Blood Cell count	Higher	0.03

\* No convergence (to a stable p-Value).



## **Risk factors for CVE**

#### Multivariable mixed models

Variable	<b>Risk direction</b>	p Value
Plasma HIV RNA (0-50 cop/mL)	Higher	0.03
Protease inhibitor based ART	Present	0.02
CSF Pleocytosis (>5 WBC)	Higher	< 0.01



# Odds ratios (95% CI) for factors associated with CVE





# **Neurocognitive evolution (by GDS change)**<sup>\*</sup>



\*\* Individuals with previous neurocognitive assessments were excluded.

\* Carey CL et al. J Clin Exp Neuropsychol. 2004;26(3):307-19.



#### Conclusions

- Incidence of CSF viral escape is low and the condition generally transient.
- Patients using protease inhibitor based ART and with low level viremia in plasma may be at risk for CVE.
- CSF viral escape was associated with CSF pleocytosis.
  Causality cannot be established based on our results.
- We were not able to demonstrate that CSF viral escape is associated with a worse neurocognitive performance.



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#### Co-authors

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