# Neuroimaging of HIV-Related CNS Complications for Non-Experts





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7<sup>th</sup> International Symposium on Neuropsychiatry and HIV Barcelona, Spain

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# Beau M. Ances, MD, PhD, MSc Disclosure of Interest



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CWIDR

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Consultant None

Speakers Bureau

None

I own no stocks or equity in any pharmaceutical company

# **Outline of Talk**

- Introduction: To understand the pathophysiology of HIV associated neurocognitive disorders (HAND)
- Methods: To evaluate advanced neuroimaging methods for assessing HAND
- Results: To evaluate the effects of HIV, co-morbidities, aging, and highly active anti-retroviral therapy (HAART) in the brain using advanced neuroimaging.
- Future: 1) Timelines for biomarkers of HAND 2) Multicenter neuroimaging of HAND

# "Doc, I Am Getting More Forgetful"

- A 64 year old Caucasian male presents with mild cognitive changes over the past few years.
- For the past 2-3 years he has noted mild memory issues including: infrequently getting lost, sometimes misplacing objects (i.e. car keys), and occasionally missing appointments.
- Friends have noticed he sometimes repeats words during a conversation and cannot remember names of certain friends ("on the top on my tongue").

#### "Doc, I Am Getting More Forgetful" - Part 2

- **Past Medical History:** HIV (diagnosed in 1988), PCP (1990), Hepatitis C (1990), drug abuse (1980's), and neuropathy (1994), elevated cholesterol
- No known family history of similar symptoms
- **Meds:** Atripla (has been on numerous HAART regimens in the past), Neurontin, and Lipitor

#### Exam:

Mental Status: 2/3 recall, 26 on MMSE, 24 on MoCA Cranial nerves: 2-12 intact Motor: Normal tone and bulk, 5/5 throughout Sensory: Diminished sensation below the knees Reflexes; 2+ upper extremities, 1+ patellar, 0 at ankles Coordination/ Gait: Normal

# **Diagnostic Tests**

- CMP and CBC: normal
- Thyroid panel: normal
- Ammonia: 35
- ♦ UA: negative
- ♦ UDS: negative
- ♦ B12: 937
- ♦ Folic acid: 8.1
- RPR: negative



- ◆ CD4 cell count = 489 (Nadir: 54)
- Plasma HIV Viral Load= undetectable
- Neuroimaging: Unremarkable

# HAND Pathophysiology and Demographics



# **HAND Pathophysiology**



**Blood Brain Barrier** 

### **Amyloid Metabolism in HIV**

HIV- HIV+ AD





Ortega and Ances, J Neuroimmune Pharmacol, 2014

Rempel and Pulliam, AIDS, 2005

#### HAND Criteria in the Research Setting- Are Additional Biomarkers Needed?

	Neurologically Normal (NN)	Asymptomatic Neurocognitive Impairment (ANI)	Mild Neurocognitive Disorder(MND)	HIV Associated Dementia (HAD)
Global Deficit Score (GDS)	0	0.5	0.5	>1
Impairment in ≥ 2 Cognitive domains (> 1SD)	No	Yes	Yes	Yes ( > 2 SD)
Impairment in Activities of Daily Living	No	No	Yes- Mild	Yes- Marked

Antinori et al., Neurology, 2007

• No neuroimaging or cerebrospinal measures are included in the criteria.

## The Continuing NeuroHIV Puzzle: HAND in the Pre and Post-HAART Eras

#### Pre-HAART

Post-HAART



Adapted from: Heaton, et al. *Neurology* 2010. Also: Robertson, et al. *AIDS* 2007; Simioni, et al. *AIDS* 2010; Garvey *HIV Clin Trials* 2011; Cysique & Brew, *Journal of Neurovirol* 2011; Meyer et al. *Neuroepidemiology* 2013

Incidence but not prevalence of HAND has declined with HAART

# What is the Relationship Between HIV and Aging in the Brain?



Effros et al. CID, 2008





### **Advanced Neuroimaging Techniques**

Masters and Ances, Semin Neurol, 2014

# Magnetic Resonance Spectroscopy (MRS) Measures Brain Metabolites



NAA= N-acetyl aspartate (neuronal function)

Cho= Choline (membrane turnover)

Lac= Lactate (neuroinflammation)

Cre=Creatine (reference measure)

Blamire et al. Neurology, 2012

# Volumetric Brain Segmentation is Performed on T1 Images





## Diffusion Tensor Imaging Measures White Matter Changes



Gold et al. Biochim Biophys Acta. 2012

### Arterial Spin Labeling (ASL) Measures Cerebral Blood Flow (CBF)



# Resting State Functional Connectivity in Clinical Practice?



### Resting State Functional Connectivity Magnetic Resonance Imaging (rsfcMRI) Measures Brain Correlations





Raichle, Brain Connectivity, 2011

# Graph Models of rs-fcMRI: The Next Level



# **Graph Theory 202**

#### Hubness (Node importance)

Closeness: average weighted shortest path length between a given node and all other nodes (A,B)

Eigenvector centrality: centrality of a node depends on the centrality of that node's neighbor (A',B')

#### **Entropy (Disorder)**

Diversity: measure of graph entropy (variability in connections at a given node) (A,B)



Measures can be applied at the global, network, and node levels

#### Pittsburgh Compound B (PiB) Imaging Measures Amyloid Deposition







PET Imaging -[<sup>11</sup>C]6-OH-BTA-1 (PIB)



Klunk et al, Ann Neurol, 2004

# **Neuroimaging Results**





# Mechanisms of HIV-Related CNS Injury in the Setting of cART in Our Patient

Early impact of HIV in the CNS soon after seroconversion or "burnt out" state



Co-morbidities (substance abuse, co-infections, mood disorders)

Aging

Delayed HAART exposure or toxicity due to cART within CNS

Ongoing CNS immune activation and active virus

# Mechanisms of HIV-Related CNS Injury in the Setting of cART in Our Patient

#### Early impact of HIV in the CNS soon after seroconversion

(diagnosed in 1988)



Co-morbidities (substance abuse, co-infections, mood disorders)

Aging

Delayed HAART exposure or toxicity due to cART within CNS

Ongoing CNS immune activation

#### Acute and Early HIV Infection Reduces CBF



Ances et al., Neurology, 2009



**16 CHI** 

# **Acute and Early HIV Infection Damages the White Matter**



**Fractional Anisotropy (FA)** 



Wright et al., under review

Plasma neopterin, CSF and plasma VL, and CD4+ cell counts correlated with FA in CHI but not AEH.



### **Duration of HIV Infection Affects the Corpus Callosum White Matter Integrity**



**19 HIV- Controls 62 AEH 16 CHI** All HIV+ are untreated



Corpus Callosum Region

Wright et al., under review

12

24

88.0=a

6

# rs-fcMRI is Diminished in Chronic HIV+ Individuals





HIV+ = 58 HIV- = 53



Thomas et al., Neurology, 2013

### HAND Reduces Caudate CBF in Chronic HIV+ Individuals



Ances et al., Neurology, 2006

# Brain Volumetrics Are Diminished in Chronic HIV+ Individuals



HIV- = 26, HIV+/HAART- = 26, HIV+/HAART+ = 26

# Mechanisms of HIV-Related CNS Injury in the Setting of cART in Our Patient

Early impact of HIV in the CNS soon after seroconversion or "burnt out" state



Co-morbidities (substance abuse, co-infections, mood disorders)

Aging

Delayed HAART exposure or toxicity due to cART within CNS

#### Ongoing CNS immune activation and active virus

(virologically suppressed)

### Neuroinflammation is Present in Chronic HIV+ Patients Using MRS





#### Virologically Suppressed Older HIV+ Patients (> 60 years old) Have Greater Functional Correlations Using Rs-fcMRI



# Mechanisms of HIV-Related CNS Injury in the Setting of cART in Our Patient

Early impact of HIV in the CNS soon after seroconversion or "burnt out" state



Co-morbidities (substance abuse, co-infections, mood disorders)

(Clade B, Hepatitis C (1992), and drug abuse (1980's), and male)

Aging

Delayed HAART exposure or toxicity due to cART within CNS

Ongoing CNS <br/>
immune activation<br/>
and active virus


# HIV Clade Subtype Does Not Affect Brain Volumetrics



**Corpus Callosum** 



Ortega et al., J Neurovirol., 2013



## No Additive Effect of Hepatitis C (HCV) Co-infection on DTI Metrics







Heaps et al., under review

# HIV and Previous Methamphetamine Use Independently Reduce CBF



Ances et al., J Neuroimmune Pharmacol., 2011

# HIV Status and Not Gender Affects Neuropsychological Performance and Neuroimaging Measures





# Mechanisms of HIV-Related CNS Injury in the Setting of cART in Our Patient

Early impact of HIV in the CNS soon after seroconversion or "burnt out" state



Co-morbidities (substance abuse, co-infections, mood disorders)

> Aging (64 years old)

Delayed cART exposure or toxicity due to HAART within CNS

Ongoing CNS immune activation and active virus

# **HIV and Aging Independently Reduce CBF**



Ances et al., JID, 2010



# HIV and Aging Independently Reduce Brain Volumetrics





Ances et al. JAIDS, 2012

#### **HIV and Aging Independently Reduce rs-fcMRI**



#### HIV Primarily Affects Hubs While Aging Affects Entropy at the Global and Network Levels







#### GLOBAL









#### NETWORK

HIV:Age 0.808622

0.000187

0.000217

-0.000150 0.808622

0.000043 0.808622 0.000042

0.808622

-0.000044

**Closeness centrality** 

		HIV	Age	HIV:Age
DMN	p-value	0.005587	0.226942	0.440119
	beta	-0.001408	-0.000034	-0.000174
PAR	p-value	0.032704	0.255023	0.626612
	beta	-0.003703	-0.000070	-0.000130
UER	p-value	0.200310	0.16/802	0.0930030
	beta	-0.022115	-0.000036	0.000484
CINGO	p-value	0.454033	0.582788	0.626612
	beta	-0.008279	-0.000025	0.000144
OCC	p-value	0.552404	0.255023	0.952956
	beta	-0.002890	-0.000175	0.000014
SMN	p-value	0.552404	0.255023	0.440119
	beta	-0.011797	-0.000275	0.000273

#### Eigenvector Centrality

-	-	HIV	Age
DMN	p-value	0.754266	0.968081
	beta	-0.007735	-0.000102
PAR	p-value	0.754266	0.802798
	beta	-0.009027	-0.000055
CER	p-value	0.716851	0.802798
	beta	0.002883	-0.000013
CINGO	p-value	0.448733	0.889757
	beta	-0.005049	-0.000052
OCC	p-value	0.273378	0.802798
	beta	-0.006721	0.000047
SMN	p-value	0.273378	0.802798
	beta	-0.002816	0.000136

#### Diversity

		HIV	A.g.e	HIV:Age
DMN	p-value	0.845908	0.000035	0.291414
	beta	-0.000309	0.000014	0.000009
PAR	<i>ρ</i> -value	0.773990	0.05200730	0.883927
	beta	0.000028	0.000006	0.000001
CER	p-value	0.491484	0.263394	0.08233318 <sup>t</sup>
	beta	-0.000884	-0.000015	0.000018
CINGO	p-value	0.573612	0.05266136 <sup>t</sup>	0.08233318 <sup>t</sup>
	beta	-0.000436	-0.000010	0.000010
OCC	p-value	0.491484	0.263394	0.08233318 <sup>t</sup>
	beta	-0.000535	-0.000005	0.000021
SMN	p-value	0.845908	0.332862	0.187336
	beta	-0.000473	-0.000010	0.000012

#### Thomas et al., under review

# **PiB Helps Distinguish AD from HAND**



Ances et al. Neurology, 2010; Ances et al, Arch of Neurol., 2012

# Effects of HIV and Aging on Amyloid Deposition



MC-SUVR as Function of Age



Ortega and Ances, J Neuroimmune Pharmacol., 2014

# Mechanisms of HIV-Related CNS Injury in the Setting of cART in Our Patient

Early impact of HIV in the CNS soon after seroconversion or "burnt out" state



Ongoing CNS immune activation and active virus Co-morbidities (substance abuse, co-infections, mood disorders)

Aging

Delayed HAART exposure or toxicity due to cART within CNS

Atripla (has been on numerous combination antiretroviral therapies (cART) in the past)

### Study Design for Assessing Effects of HAART on CBF



# **HAART Improves Resting CBF**



## **Antiretroviral CNS Penetration-Effectiveness** (CPE) Affects Neuroimaging Measures



		CPE					
	1	0.5	0	o =00		* p <	0.05
NRTIS	Abacavir Zidovudine	Emtricitabine Lamivudine Stavudine	Didanosine Tenofovir Zalcitabine	0.700		T	
NNRTIS	Delavirdine Nevirapine	Efavirenz		CLD			
PIs	Amprenavir-r Indinavir-r Lopinavir-r	Amprenavir Atazanavir Atazanavir-r Indinavir	Nelfinavir Ritonavir Saquinavir Saquinavir-r Tipranavir-r	O 0.500 %			Ţ
Fusion Inhibitors			Enfuvirtide	0.300			
	Lete	ndre et al., <i>Arch N</i>	<i>leurol</i> , 2008		HIV- Control (10)	Low CPE (< 1.5) (15)	Hi C (≥ (1

Ances et al., J Neurovirol., 2008

(18)



### CPE Does Not Affect Neuropsychological Performance or Brain Volumetrics



Baker et al., under preparation

- Is monocyte efficacy score (MES) is associated with neuroimaging changes?
- MES has previously shown to be associated with neurocognitive impairment (Shikuma et al, Antiviral Therapy 2012)

# **Additional Work-up of Our Patient**



#### **PiB: negative**

**Reduced global CBF** 

## Are We There Yet? Timeline of Biomarkers For HAND?



#### **Temporal Progression of Biomarkers in HAND**



## Possible Mechanism(s) for Effects of HIV and HAART in the Brain Using Neuroimaging





# Conclusions

- Advanced neuroimaging techniques can help identify brain dysfunction due to HAND.
- Effects of HIV in the brain can be observed soon after seroconversion.
- HIV can lead to a reduction in CBF (using ASL) and rs-fc (using BOLD).
- Additional co-morbidities may affect advanced neuroimaging methods
- HIV and aging independently affect the brain (using ASL, BOLD, volumetrics).
- AD may be differentiated from HAND (using PiB).
- HAART can improve CBF (using ASL). However, CPE does not affect neuroimaging measures.
- <u>Advanced neuroimaging techniques should be considered in the</u> <u>evaluation of the effects of HIV in the brain and could be included</u> <u>in future HAND criteria.</u>

# **The Future of Neuroimaging**



## **HIV Neuroimaging Cohorts**

Name	Participants	Scanner	MRS	Vol	DTI	ASL	BOLD
CHARTER	250 HIV+	1.5 T/ 3T	Х	Х	Х		
MACS	190 HIV+/ 150 HIV-	1.5T/3T	Х	Х	Х		
HIV Neuroimaging Consortium	180 HIV+/ 30 HIV-	1.5 T	Х	Х			
WHIS	56 HIV+/ 12HIV-	3Т		Х	Х		Х
PISCES- Spudich	100 HIV+/20 HIV-	4T	Х	Х	Х		
WUSTL- Ances	400 HIV+/ 100 HIV-	3Т		Х	Х	Х	X
Hawaii- Chang	100 HIV+/70 HIV-	3T	Х	Х			
UCSF- Valcour	60 HIV+/20 HIV-	3T		Х	Х		
Northwestern- Ragin	50 HIV+/20 HIV-	3Т		Х	Х		Х
Stanford- Pfefferbaum & Sullivan	300 HIV+/100 HIV-	1.5 T		Х	Х		
UCSF VA- Meyerhoff	50 HIV+/ 30 HIV-	1.5T		Х			
Brown- Cohen	100 HIV+ /50 HIV-	3Т		Х	Х		
ANRS CO3 Aquitaine	215 HIV+	1.5T		Х	Х		

Limitations: few using advanced neuroimaging methods, few are longitudinal, and few have HIV- controls

### AIDS Clinical Trial Group (ACTG) 5310

TG



- Participants: 1 "phantom" subject at all 7 sites and 9 HIV+ patients from 7 sites
- Neuropsychological performance testing and advanced MRI (Volumetrics, ASL, and BOLD) obtained at all 7 sites.

# Central Neuroimaging Data Archive (CNDA) at WUSTL



https://cnda.wustl.edu

- Allows for access to national and international data (i.e. DIAN)
- Can handles longitudinal studies with multiple biomarkers
- Pipelines available for processing of advanced neuroimaging methods

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Knight ADRC

neuroimaging

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ances

### Thank you for your attention Ances Neuroimaging Laboratory at Washington University in St. Louis



http://neuro.wustl.edu/research/researchlabs/anceslaboratory.htm

Please contact with questions, if interested in collaborations, or interested in post-doc positions:

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# **Analysis of the Restless Brain**





D.



C.

Sensorimotor

Modified from Raichle, Brain Connectivity, 2011



# **Graph Theory 101**



**REGULAR NETWORK** 

SMALL-WORLD NETWORK



RANDOM NETWORK



Bullmore and Sporns, Nat Neurosci, 2009



## Graph Theory 101

Path Length (L) from 5 to 7 = 5

Existing Connections between Neighbors / Possible Connections between Neighbors

S> 1

$$CC_1 = \frac{2}{\binom{4}{2}} = \frac{2}{6} = .33$$

Neighbors of 1 in blue = 4 Actual connections in red = 2

**Small Worldness** 

$$S = \frac{C/C^0}{L/L^0}$$

#### **Modularity**

Path

Length

**Clustering** 

**Coefficient** 

5





## **Potential HIV Reservoir in the CNS**

- The detection of compartmentalized cerebrospinal fluid (CSF) HIV variants with respect to blood suggests existence of a CNS reservoir of HIV infection.
- Compartmentalized CNS HIV has been detected in early infection, though its origin is unknown.



#### **Thai Primary HIV Cohort**

Spudich et al., CROI, 2013

# **Implications for the Clinic**

- Viral seeding of the CNS occurs soon after infection.
- Attention to the virus in CNS remains critical as a reservoir can develop.
- Early intervention with anti-retroviral therapy (ART) may be beneficial but additional longitudinal studies needed.
- Lumbar puncture (LP) should be considered when new neurologic symptoms are present in a HIV+ patient, even with good virological control in the plasma.
- Other etiologies besides virological escape may account for neurocognitive impairment.

#### **HIV and Aging Independently Reduce NFL**



#### Krut et al. CROI. 20

#### **CNS Penetration-Effectiveness (CPE) Ranks**

	4	3	2	1
NRTIS	Zidovudine	Abacavir	Lamivudine	Didanosine
		Emtricitabine	Stavudine	Tenofovir
				Zalcitabine
NNRTIS	Nevirapine	Delavirdine	Etravirine	
		Efavirenz		
Pls	Indinavir-r	Darunavir-r	Atazanavir	Nelfinavir
		Fosamprenavir-r	Atazanavir-r	Ritonavir
		Indinavir	Fosamprenavir	Saquinavir
		Lopinavir-r		Saquinavir-r
				Tipranavir-r
Entry Inhs	Vicriviroc	Maraviroc		Enfuvirtide
Integrase Inhs		Raltegravir		

#### Letendre et al., Top in HIV M

# HIV Primarily Affects Hubs While Aging Affects Entropy: Node Level



- Nodes with higher centrality had greater decreases with HIV.
- Nodes with lower diversity had greater increases with Age.
## Effects of HIV and Aging on Brain Topology Are Similar for Edge Weights



- Changes in edge weight correspond to areas affected by HIV effect on closeness centrality
- Patterns of edge weight changes (increases and decreases) may explain diversity changes seen with Aging