

Information

Venue

Institut d'Investigacions Biomèdiques de Barcelona.
Center Esther Koplowitz
Rosselló, 149-153
08036-Barcelona

Information

www.neuropsychiatry-hiv.com

Free Registration

Participation at the scientific sessions, documentation, coffee break, lunch and attendance certificate.

Organization



Món Clínic
Barcelona

Coordinators

Esteban Martínez, MD.

Infectious Diseases Unit. Hospital Univ. Clínic. Barcelona, Spain

Jordi Blanch, MD.

Psychiatry Department. Hospital Univ. Clínic. Barcelona, Spain
Gestió de Serveis Sanitaris de Lleida, Spain.

Scientific Sponsorship



AIDS Spanish National Plan



EACS European
AIDS Clinical Society

19th

International
Symposium on
Neuropsychiatry & HIV

Hybrid Edition

HIV neuro psychiatry

Technical Secretariat

C&C, Congresos y Convenciones
Contact Person: Ruth Boza

Av. República Argentina, 64
08023-Barcelona (Spain)
Tel: +34 934173113

info@neuropsychiatry-hiv.com

**Practical focus on the diagnosis
and treatment of the psychiatric
and neuropsychological aspects
of HIV infection**

Barcelona, 24 and 25 April 2026
www.neuropsychiatry-hiv.com

Preliminary Programme

Friday, April 24th

State of the art Course for continuous education

08:30-09:00 am CEST - **Registration and online connection**

09:00-09:15 am CEST - **Welcome and presentation**

Chairs: **Esteban Martínez & Jordi Blanch**

09:15-10:00 am CEST

Early-Stage Age-Related Cognitive Impairment

Chair: Esteban Martínez

- Clinical psychology perspective. **José A. Muñoz-Moreno**
- Clinical neurology perspective. Pending confirmation

10:00-10:45 am CEST

Psychiatric Contributors to Neurocognitive Impairment

Chair: Jordi Blanch

- How psychosis influences. **Eduard Parellada**
- How major depression influences. **Narcís Cardoner**

10:45-11:15 am CEST - **Coffee Break**

11:15-12:00 pm CEST

Menopause: Medical and Psychiatric Perspectives

Chair: Esteban Martínez

- Medical perspective. **Karoline Aebi-Popp**
- Psychiatric perspective. **Judith Usall**

12:00-12:45 pm CEST

Addressing Fatigue and Insomnia in People Living with HIV

Chair: Jordi Blanch

- Medical and systemic perspective. **Joaquim Fernández-Solà**
- Clinical and neurological perspective. **Alan Winston**

12:45-01:30 pm CEST

The use of patient-reported outcome measures (PROMs)

Chair: Esteban Martínez

- Digital tools, methodological frameworks. **Carme Carrión**
- Clinical application, PROMs for HIV care. **Alfonso Cabello**

01:30-02:30 pm CEST - **Lunch Break**

Moving to discussion

02:30-03:30 pm CEST

Roundtable: Anxiety, the neglected sibling of depression

Chair: Guida da Ponte

- Community perspective – “what I feel”: **Ben Collins**
- HIV physician perspective – “what can I do?”: **Esteban Martínez**
- Psychiatrist perspective – “what should to be done”: **Michael Newson**

03:30-04:30 pm CEST

Clinical cases session (4 cases)

Chairs: Jordi Blanch & Esteban Martínez

Plenary Lecture

04:30-05:30 pm CEST

Global mental health.

Chair: Annemiek Schadé

Milton Wainberg.

Saturday, April 25th

Advanced Update

Update for specialists and experts in research and clinical management of mental health aspects of HIV infection

09:00-10:30 am CEST

Roundtable: Antiretroviral Therapy and the CNS: The Good, the Bad, and What's Next

Chair: Ignacio Pérez-Valero

- Community perspective. Pending confirmation
- Pharmacological issues. **Catia Marzolini**
- Clinical impact. **Scott Letendre**

10:30-11:15 am CEST

Viral persistence in the CNS and neuropathogenesis

Chair: Scott Letendre

- Basic science for non-experts. **Sarah Joseph**
- Clinical impact. **Andrea Calcagno**

11:15-11:45 am CEST - **Coffee Break**

11:45-12:30 pm CEST

Other CNS infections and comorbidities (Long-Covid, PML, herpesvirus)

Chair: Andrea Calcagno

- Long COVID. **Lourdes Mateu**
- Progressive Multifocal Leukoencephalopathy **Paola Cinque**

12:30-01:15 pm CEST

Psychoactive substances and neurocognitive health

Chair: Milton Wainberg

- Clinical and neurocognitive impact of psychoactive substances in PLWH. **Lorena de la Mora**
- Action of psychedelics substances: how they can help in therapeutic use in mental health. **Santiago Madero**

01:15-01:30 pm CEST - **Closure and farewell**

Speakers and Scientific Committee

Karoline Aebi-Popp, MD. Univ. Hospital Bern. Switzerland

Alfonso Cabello, MD. Hospital Univ. Fundación Jiménez-Díaz. Madrid, Spain

Andrea Calcagno, MD. University of Torino. Italy.

Narcís Cardoner, MD. Hospital Univ. Santa Creu i Sant Pau. Barcelona, Spain

Carme Carrión, PhD. Univ. Oberta Catalunya. Barcelona, Spain

Ben Collins. ReShape/International HIV Partnerships. London, United Kingdom

Paola Cinque, MD. Hospital San Rafael. Milan, Italy

Guida Da Ponte, MD. Centro Hospitalar Barreiro-Montijo. Portugal.

De la Mora, Lorena, MD. Hospital Univ. Clínic. Barcelona, Spain

Joaquim Fernández-Solà, MD. Hospital Univ. Clínic. Barcelona, Spain

Sarah Joseph, MD. University North Carolina. Chapel Hill, USA.

Scott Letendre, MD. University of California. San Diego, USA

Santiago Madero, MD. Hospital Univ. Clínic. Barcelona, Spain

Catia Marzolini, Pharm.D., Ph.D. Basel University. Switzerland

Lourdes Mateu, MD. Hospital Univ. Germans Trias I Pujol. Barcelona, Spain

José A. Muñoz-Moreno, PhD. Lluita contra les Infeccions. Foundation. Barcelona, Spain.

Michael Newson, MD. South London and Maudsley NHS Foundation Trust. London, United Kingdom

Eduard Parellada, MD. Hospital Univ. Clínic. Barcelona, Spain

Ignacio Pérez-Valero, MD. Hospital Universitario Reina Sofía. Córdoba, Spain.

Annemiek Schadé, MD. Univ. Hospital VU. Amsterdam. Netherlands

Judith Usall, MD. Institut Recerca Sant Joan de Deu. Barcelona, Spain

Milton Wainberg, MD. Columbia University. New York, USA

Alan Winston, MD. St. Mary's Hospital. London, United Kingdom