

# Information

## Venue

Institut d'Investigacions Biomèdiques de Barcelona.  
Center Esther Koplowitz  
Rosselló, 149-153  
08036-Barcelona

## Information

[www.neuropsychiatry-hiv.com](http://www.neuropsychiatry-hiv.com)

## Free Registration

Participation at the scientific sessions, documentation, coffee break, lunch and attendance certificate.

## Organization



Món Clínic  
Barcelona

## Coordinators

### Esteban Martínez, MD.

Infectious Diseases Unit. Hospital Univ. Clínic. Barcelona, Spain

### Jordi Blanch, MD.

Psychiatry Department. Hospital Univ. Clínic. Barcelona, Spain  
Gestió de Serveis Sanitaris de Lleida, Spain.

## Scientific Sponsorship



AIDS Spanish National Plan



EACS European  
AIDS Clinical Society

# 19<sup>th</sup>

## International Symposium on Neuropsychiatry & HIV

## Hybrid Edition

# HIV neuro psychiatry

## Technical Secretariat

C&C, Congresos y Convenciones  
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**Practical focus on the diagnosis  
and treatment of the psychiatric  
and neuropsychological aspects  
of HIV infection**

**Barcelona, 24 and 25 April 2026**  
[www.neuropsychiatry-hiv.com](http://www.neuropsychiatry-hiv.com)

# Preliminary Programme

## Friday, April 24<sup>th</sup>

### State of the art Course for continuous education

08:30-09:00 am CEST - **Registration and online connection**

09:00-09:15 am CEST - **Welcome and presentation**

Chairs: **Esteban Martínez & Jordi Blanch**

09:15-10:00 am CEST

#### **Early-Stage Age-Related Cognitive Impairment**

Chair: Esteban Martínez

- Clinical psychology perspective. **José A. Muñoz-Moreno**
- Clinical neurology perspective. Pending confirmation

10:00-10:45 am CEST

#### **Psychiatric Contributors to Neurocognitive Impairment**

Chair: Jordi Blanch

- How psychosis influences. **Eduard Parellada**
- How major depression influences. **Narcís Cardoner**

10:45-11:15 am CEST - **Coffee Break**

11:15-12:00 pm CEST

#### **Menopause: Medical and Psychiatric Perspectives**

Chair: Esteban Martínez

- Medical perspective. **Karoline Aebi-Popp**
- Psychiatric perspective. **Judith Usall**

12:00-12:45 pm CEST

#### **Addressing Fatigue and Insomnia in People Living with HIV**

Chair: Jordi Blanch

- Medical and systemic perspective. **Joaquim Fernández-Solà**
- Clinical and neurological perspective. **Alan Winston**

12:45-01:30 pm CEST

#### **The use of patient-reported outcome measures (PROMs)**

Chair: Esteban Martínez

- Digital tools, methodological frameworks. **Carme Carrión**
- Clinical application, PROMs for HIV care. **Alfonso Cabello**

01:30-02:30 pm CEST - **Lunch Break**

### Moving to discussion

02:30-03:30 pm CEST

#### **Roundtable: Anxiety, the neglected sibling of depression**

Chair: Annemiek Schadé

- Community perspective – “what I feel!": **Ben Collins**
- HIV physician perspective – “what can I do?":  
**Esteban Martínez**
- Psychiatrist perspective – “what should to be done":  
**Guida da Ponte**

03:30-04:30 pm CEST

#### **Clinical cases session (4 cases)**

Chairs: Jordi Blanch & Esteban Martínez

### Plenary Lecture

04:30-05:30 pm CEST

#### **Global mental health.**

Chair: Jordi Blanch

**Milton Wainberg.**

## Saturday, April 25<sup>th</sup>

### Advanced Update

#### **Update for specialists and experts in research and clinical management of mental health aspects of HIV infection**

09:00-10:30 am CEST

#### **Roundtable: Antiretroviral Therapy and the CNS: The Good, the Bad, and What's Next**

Chair: Ignacio Pérez-Valero

- Community perspective. Pending confirmation
- Pharmacological issues. **Catia Marzolini**
- Clinical impact. **Scott Letendre**

10:30-11:15 am CEST

#### **Viral persistence in the CNS and neuropathogenesis**

Chair: Scott Letendre

- Basic science for non-experts. **Sarah Joseph**
- Clinical impact. **Andrea Calcagno**

11:15-11:45 am CEST - **Coffee Break**

11:45-12:30 pm CEST

#### **Other CNS infections and comorbidities (Long-Covid, PML, herpesvirus)**

Chair: Andrea Calcagno

- Long COVID. **Lourdes Mateu**
- Progressive Multifocal Leukoencephalopathy **Paola Cinque**

12:30-01:15 pm CEST

#### **Psychoactive substances and neurocognitive health**

Chair: Milton Wainberg

- Clinical and neurocognitive impact of psychoactive substances in PLWH. **Lorena de la Mora**
- Action of psychedelic substances: how they can help in therapeutic use in mental health. **Santiago Madero**

01:15-01:30 pm CEST - **Closure and farewell**

### Speakers and Scientific Committee

**Karoline Aebi-Popp, MD.** Univ. Hospital Bern. Switzerland

**Alfonso Cabello, MD.** Hospital Univ. Fundación Jiménez-Díaz. Madrid, Spain

**Andrea Calcagno, MD.** University of Torino. Italy.

**Narcís Cardoner, MD.** Hospital Univ. Santa Creu i Sant Pau. Barcelona, Spain

**Carme Carrión, PhD.** Univ. Oberta Catalunya. Barcelona, Spain

**Ben Collins.** ReShape/International HIV Partnerships. London, United Kingdom

**Paola Cinque, MD.** Hospital San Rafael. Milan, Italy

**Guida Da Ponte, MD.** Centro Hospitalar Barreiro-Montijo. Portugal.

**De la Mora, Lorena, MD.** Hospital Univ. Clínic. Barcelona, Spain

**Joaquim Fernández-Solà, MD.** Hospital Univ. Clínic. Barcelona, Spain

**Sarah Joseph, MD.** University North Carolina. Chapel Hill, USA.

**Scott Letendre, MD.** University of California. San Diego, USA

**Santiago Madero, MD.** Hospital Univ. Clínic. Barcelona, Spain

**Catia Marzolini, Pharm.D., Ph.D.** Basel University. Switzerland

**Lourdes Mateu, MD.** Hospital Univ. Germans Triás I Pujol. Barcelona, Spain

**José A. Muñoz-Moreno, PhD.** Lluita contra les Infeccions. Foundation. Barcelona, Spain.

**Eduard Parellada, MD.** Hospital Univ. Clínic. Barcelona, Spain

**Ignacio Pérez-Valero, MD.** Hospital Universitario Reina Sofía. Córdoba, Spain.

**Annemiek Schadé, MD.** Univ. Hospital VU. Amsterdam. Netherlands

**Judith Usall, MD.** Institut Recerca Sant Joan de Deu. Barcelona, Spain

**Milton Wainberg, MD.** Columbia University. New York, USA

**Alan Winston, MD.** St. Mary's Hospital. London, United Kingdom