

Information

Venue

Institut d'Investigacions Biomèdiques de Barcelona.
Center Esther Koplowitz
Rosselló, 149-153
08036-Barcelona

Information

www.neuropsychiatry-hiv.com

Free Registration

Participation at the scientific sessions, documentation, coffee break, lunch and attendance certificate.

Organization



Món Clínic
Barcelona

Coordinators

Esteban Martínez, MD.

Infectious Diseases Unit. Hospital Univ. Clínic. Barcelona, Spain

Jordi Blanch, MD.

Psychiatry Department. Hospital Univ. Clínic. Barcelona, Spain
Gestió de Serveis Sanitaris de Lleida, Spain.

Scientific Sponsorship



AIDS Spanish National Plan



EACS European
AIDS Clinical Society

Accreditation requested

EACCME

European Accreditation
Council for Continuing
Medical Education

Technical Secretariat

C&C, Congresos y Convenciones
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19th

International
Symposium on
Neuropsychiatry & HIV

Hybrid Edition

HIV
neuro
psychiatry

**Practical focus on the diagnosis
and treatment of the psychiatric
and neuropsychological aspects
of HIV infection**

Barcelona, 24 and 25 April 2026
www.neuropsychiatry-hiv.com

Programme

Friday, April 24th

State of the art Course for continuous education

08:30-09:00 am CEST - **Registration and online connection**

09:00-09:15 am CEST - **Welcome and presentation**

Chairs: **Esteban Martínez & Jordi Blanch**

09:15-10:00 am CEST

Early-Stage Age-Related Cognitive Impairment

Chair: Esteban Martínez

- Clinical psychology perspective. **José A. Muñoz-Moreno**
- Clinical neurology perspective. **Neus Falgàs**.

10:00-10:45 am CEST

Psychiatric Contributors to Neurocognitive Impairment

Chair: Jordi Blanch

- How psychosis influences. **Eduard Parellada**
- How major depression influences. **Narcís Cardoner**

10:45-11:15 am CEST - **Coffee Break**

11:15-12:00 pm CEST

Menopause: Medical and Psychiatric Perspectives

Chair: Esteban Martínez

- Medical perspective. **Karoline Aebi-Popp**
- Psychiatric perspective. **Judith Usall**

12:00-12:45 pm CEST

Addressing Fatigue and Insomnia in People Living with HIV

Chair: Jordi Blanch

- Medical and systemic perspective. **Joaquim Fernández-Solà**
- Clinical and neurological perspective. **Alan Winston**

12:45-01:30 pm CEST

The use of patient-reported outcome measures (PROMs)

Chair: Esteban Martínez

- Digital tools, methodological frameworks. **Carme Carrión**
- Clinical application, PROMs for HIV care. **Alfonso Cabello**

01:30-02:30 pm CEST - **Lunch Break**

Moving to discussion

02:30-03:30 pm CEST

Roundtable: Anxiety, the neglected sibling of depression

Chair: Annemiek Schadé

- Community perspective – “what I feel”: **Ben Collins**
- HIV physician perspective – “what can I do?”: **Esteban Martínez**
- Psychiatrist perspective – “what should to be done”: **Guida da Ponte**

03:30-04:30 pm CEST

Clinical cases session (4 cases)

Chairs: Jordi Blanch & Esteban Martínez

Plenary Lecture

04:30-05:30 pm CEST

Global mental health.

Chair: Jordi Blanch

Milton Wainberg.

Saturday, April 25th

Advanced Update

Update for specialists and experts in research and clinical management of mental health aspects of HIV infection

09:00-10:30 am CEST

Roundtable: Antiretroviral Therapy and the CNS: The Good, the Bad, and What's Next

Chair: Ignacio Pérez-Valero

- Community perspective. **Félix Pérez**
- Pharmacological issues. **Catia Marzolini**
- Clinical impact. **Scott Letendre**

10:30-11:15 am CEST

Viral persistence in the CNS and neuropathogenesis

Chair: Scott Letendre

- Basic science for non-experts. **Sarah Joseph**
- Clinical impact. **Andrea Calcagno**

11:15-11:45 am CEST - **Coffee Break**

11:45-12:30 pm CEST

Other CNS infections and comorbidities (Long-Covid, PML, herpesvirus)

Chair: Andrea Calcagno

- Long COVID. **Lourdes Mateu**
- Progressive Multifocal Leukoencephalopathy **Paola Cinque**

12:30-01:15 pm CEST

Psychoactive substances and neurocognitive health

Chair: Milton Wainberg

- Clinical and neurocognitive impact of psychoactive substances in PLWH. **Lorena de la Mora**
- Action of psychedelic substances: how they can help in therapeutic use in mental health. **Santiago Madero**

01:15-01:30 pm CEST - **Closure and farewell**

Speakers and Scientific Committee

Karoline Aebi-Popp, MD. Univ. Hospital Bern. Switzerland

Alfonso Cabello, MD. Hospital Univ. Fundación Jiménez-Díaz. Madrid, Spain

Andrea Calcagno, MD. University Eastern Piedmont, Novara, Italy

Narcís Cardoner, MD. Hospital Univ. Santa Creu i Sant Pau. Barcelona, Spain

Carme Carrión, PhD. Univ. Oberta Catalunya. Barcelona, Spain

Ben Collins. ReShape/International HIV Partnerships. London, United Kingdom

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Santiago Madero, MD. Hospital Univ. Clínic. Barcelona, Spain

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