

Information

Venue

Institut d'Investigacions Biomèdiques de Barcelona.
Center Esther Koplowitz
Rosselló, 149-153
08036-Barcelona

Information

www.neuropsychiatry-hiv.com

Free Registration

Participation at the scientific sessions, documentation, coffee break, lunch and attendance certificate.

Organization



**Món Clínic
Barcelona**

Coordinators

Esteban Martínez, MD.

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Psychiatry Department. Hospital Univ. Clínic. Barcelona, Spain
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Scientific Sponsorship



AIDS Spanish National Plan



EACS European
AIDS Clinical Society

Accreditation



The 19th International Symposium on Neuropsychiatry & HIV – Hybrid Edition, Barcelona, 24/04/2026 – 25/04/2026, has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **9 European CME credits** (ECMEC@s).

Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Technical Secretariat

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19th

International Symposium on Neuropsychiatry & HIV

Hybrid Edition

HIV neuro psychiatry

**Practical focus on the diagnosis
and treatment of the psychiatric
and neuropsychological aspects
of HIV infection**

Barcelona, 24 and 25 April 2026
www.neuropsychiatry-hiv.com

Programme

Friday, April 24th

State of the art Course for continuous education

08:30-09:00 am CEST - **Registration and online connection**

09:00-09:15 am CEST - **Welcome and presentation**

Chairs: **Esteban Martínez & Jordi Blanch**

09:15-10:00 am CEST

Early-Stage Age-Related Cognitive Impairment

Chair: Esteban Martínez

- Clinical psychology perspective. **José A. Muñoz-Moreno**
- Clinical neurology perspective. **Neus Falgàs**.

10:00-10:45 am CEST

Psychiatric Contributors to Neurocognitive Impairment

Chair: Jordi Blanch

- How psychosis influences. **Eduard Parellada**
- How major depression influences. **Narcís Cardoner**

10:45-11:15 am CEST - **Coffee Break**

11:15-12:00 pm CEST

Menopause: Medical and Psychiatric Perspectives

Chair: Esteban Martínez

- Medical perspective. **Karoline Aebi-Popp**
- Psychiatric perspective. **Judith Usall**

12:00-12:45 pm CEST

Addressing Fatigue and Insomnia in People Living with HIV

Chair: Jordi Blanch

- Medical and systemic perspective. **Joaquim Fernández-Solà**
- Clinical and neurological perspective. **Alan Winston**

12:45-01:30 pm CEST

The use of patient-reported outcome measures (PROMs)

Chair: Esteban Martínez

- Digital tools, methodological frameworks. **Carme Carrión**
- Clinical application, PROMs for HIV care. **Alfonso Cabello**

01:30-02:30 pm CEST - **Lunch Break**

Moving to discussion

02:30-03:30 pm CEST

Roundtable: Anxiety, the neglected sibling of depression

Chair: Annemiek Schadé

- Community perspective – “what I feel”: **Ben Collins**
- HIV physician perspective – “what can I do?”: **Esteban Martínez**
- Psychiatrist perspective – “what should to be done”: **Guida da Ponte**

03:30-04:30 pm CEST

Clinical cases session (4 cases)

Chairs: Jordi Blanch & Esteban Martínez

Plenary Lecture

04:30-05:30 pm CEST

Global mental health.

Chair: Jordi Blanch

Milton Wainberg.

Saturday, April 25th

Advanced Update

Update for specialists and experts in research and clinical management of mental health aspects of HIV infection

09:00-10:30 am CEST

Roundtable: Antiretroviral Therapy and the CNS: The Good, the Bad, and What's Next

Chair: Ignacio Pérez-Valero

- Community perspective. **Félix Pérez**
- Pharmacological issues. **Catia Marzolini**
- Clinical impact. **Scott Letendre**

10:30-11:15 am CEST

Viral persistence in the CNS and neuropathogenesis

Chair: Scott Letendre

- Basic science for non-experts. **Sarah Joseph**
- Clinical impact. **Andrea Calcagno**

11:15-11:45 am CEST - **Coffee Break**

11:45-12:30 pm CEST

Other CNS infections and comorbidities (Long-Covid, PML, herpesvirus)

Chair: Andrea Calcagno

- Long COVID. **Lourdes Mateu**
- Progressive Multifocal Leukoencephalopathy **Paola Cinque**

12:30-01:15 pm CEST

Psychoactive substances and neurocognitive health

Chair: Milton Wainberg

- Clinical and neurocognitive impact of psychoactive substances in PLWH. **Lorena de la Mora**
- Action of psychedelic substances: how they can help in therapeutic use in mental health. **Santiago Madero**

01:15-01:30 pm CEST - **Closure and farewell**

Speakers and Scientific Committee

Karoline Aebi-Popp, MD. Univ. Hospital Bern. Switzerland

Alfonso Cabello, MD. Hospital Univ. Fundación Jiménez-Díaz. Madrid, Spain

Andrea Calcagno, MD. University Eastern Piedmont, Novara, Italy

Narcís Cardoner, MD. Hospital Univ. Santa Creu i Sant Pau. Barcelona, Spain

Carme Carrión, PhD. Univ. Oberta Catalunya. Barcelona, Spain

Ben Collins. ReShape/International HIV Partnerships. London, United Kingdom

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