

 aula Clínic



Món Clínic  
Barcelona

# 19<sup>th</sup>

**International  
Symposium on  
Neuropsychiatry & HIV**

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**HIV**  
neuro  
psychiatry

**Practical focus on the diagnosis and  
treatment of the psychiatric and  
neuropsychological aspects of HIV  
infection**

**Hybrid Edition**

Barcelona

24 and 25 April 2026

**More information and registration at**  
**[www.neuropsychiatry-hiv.com](http://www.neuropsychiatry-hiv.com)**

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**Alan Winston, M.D.**

St. Mary's Hospital. London, United  
Kingdom

# Presentations

## Friday, April 24

### State of the art

Course for continuous education

08:30-09:00 am CEST

**Registration and online connection**

09:00-09:15 am CEST

**Welcome and presentation**

**Esteban Martínez & Jordi Blanch**

09:15-10:00 am CEST / Course session 1

**Early-Stage Age-Related Cognitive Impairment**

Moderator: Esteban Martínez

- Clinical psychology perspective. **José A. Muñoz-Moreno**
- Clinical neurology perspective. **Neus Falgàs**

10:00-10:45 am CEST / Course session 2

**Psychiatric Contributors to Neurocognitive Impairment**

Moderator: Jordi Blanch

- How psychosis influences. **Eduard Parellada**
- How major depression influences. **Narcís Cardoner**

10:45-11:15 am CEST Coffee Break

11:15 am-12:00 pm CEST / Course session 3

**Menopause: Medical and psychiatric perspectives**

Moderator: Esteban Martínez

- Medical perspective. **Karoline Aebi-Popp**
- Psychiatric perspective. **Judith Usall**

12:00-12:45 pm CEST / Course session 4

**Addressing Fatigue and Insomnia in People Living with HIV**

Moderator: Jordi Blanch

- Medical and systemic perspective. **Joaquim Fernández-Solà**
- Clinical and neurological perspective. **Alan Winston**

12:45-01:30 pm CEST / Course session 5

**The use of patient-reported outcome measures (PROMs)**

Moderator: Esteban Martínez

- Digital tools, measurement science, and methodological frameworks. **Carme Carrión**
- Clinical application, real-world translation, and the specific implications of PROMs for HIV care. **Alfonso Cabello**

01:30-02:30 pm CEST Lunch break

# Presentations

**Friday, April 24**

## State of the art

Course for continuous education

02:30-03:30 pm CEST / Roundtable

### **Anxiety, the neglected sibling of depression**

Chair: Annemiek Schadé

- Community perspective – “what I feel”. **Mr. Ben Collins**
- HIV physician perspective – “what can I do?”. **Esteban Martínez**
- Psychiatrist perspective – “what should be done”.

**Guida da Ponte**

03:30-04:30 pm CEST

### **Clinical cases session**

Chairs: Jordi Blanch & Esteban Martínez

- Toxic Encephalopathy After Chemsex in a person living with HIV.

**Alexy Inciarte**

- Astrocytoma and Cryptococcal Meningitis causing Multifactorial Neuropsychiatric Impairment in a man living with HIV.

**Elizabeth Zamora**

- A Rare Case of Foreign Accent Syndrome in a Complex HIV Patient Successfully Treated with Pro Re Nata Benzotropine.

**John H. Wells**

- Resistant delusion disorder and HIV infection, a possible relationship? A case report.

**Sergi A. Gutiérrez de Larraya**

- Intersections of Infection, Immunosuppression, and Trauma: An Interdisciplinary Case of Advanced HIV in Chile.

**Álvaro A. Señor**

## Plenary lecture

04:30-05:30 pm CEST

### **Lecture: Global mental health**

Chair: Jordi Blanch

**Milton Wainberg**

# Presentations

## Saturday, April 25

### Advanced Update

Update for specialists and experts in research and clinical management of mental health aspects of HIV infection

09:00-10:30 am CEST / Roundtable

#### **Antiretroviral therapy and the CNS: The good, the bad and what's next**

Chair: Ignacio Pérez-Valero

- Community perspective. **Félix Pérez-Tejera**
- Pharmacological issues. **Catia Marzolini**
- Clinical impact. **Scott Letendre**

10:30-11:15 am CEST

#### **Viral persistence in the CNS and neuropathogenesis**

Chair: Scott Letendre

- Basic science for non-experts. **Sarah Joseph**
- Clinical impact. **Andrea Calcagno**

11:15-11:45 am CEST Coffee Break

11:45-12:30 pm CEST

#### **Other CNS infections and comorbidities (Long COVID, PML, herpesvirus)**

Chair: Andrea Calcagno

- Long COVID. **Lourdes Mateu**
- Progressive Multifocal Leukoencephalopathy. **Paola Cinque**

12:30-01:15 pm CEST

#### **Psychoactive substances and neurocognitive health.**

Chair: Milton Wainberg

- Clinical and neurocognitive impact of psychoactive substances in PLWH. **Lorena de la Mora**
- Action of psychedelic substances: how they can help in therapeutic use in mental health. **Santiago Madero**

01:15-01:30 pm CEST **Closure and farewell**

### Coordinators

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# Programme

## Speakers

**Karoline Aebi-Popp, P.D., M.D., M.Sc.**

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**Alfonso Cabello, M.D., Ph.D.**

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## Venue

Institut d' Investigacions Biomèdiques  
de Barcelona. **Centro Esther Koplowitz**  
Rosselló, 149-153  
08036-Barcelona

## Free Registration

## Accreditation

The 19th International Symposium on  
Neuropsychiatry & HIV - Hybrid Edition, Barcelona,  
24/04/2026 - 25/04/2026, has been accredited by  
the European Accreditation Council for  
Continuing Medical Education (EACCMER) with  
**9 European CME credits** (ECMEC®s).

Each medical specialist should claim only those  
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**More information and registration at**  
**[www.neuropsychiatry-hiv.com](http://www.neuropsychiatry-hiv.com)**

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**C&C, Congresos y Convenciones**

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